



SYLLABUS 2021 – 2022

CLASS – I

ENGLISH

My New Canvas – Main Course Book (MCB) - I

My New Canvas – Work Book (WB) - I

Panorama – A Collection of Short Stories - I

APRIL & MAY

MCB - UNIT 1 First Day of School (Comprehension and Book Exercise)

Workbook - Theme 2 worksheet 1 (pages 12 - 14)

Grammar topics (oral) - Naming words, is /am /are

Capital and small letter (A to Z)

Three and four letter words (phonetics a,e,i,o,u)

Panorama -Unit 1 The Intelligent Crow (Classroom Reading)

JULY

MCB - UNIT 2 - Meena Makes a Friend (Comprehension and Book Exercise)

UNIT 3 - (poem) Mary Had a Little Mouse

Workbook - Theme 1, worksheet 2 (pages 5 and 6) and worksheet 3 (pages 7 to 8)

Theme 2, worksheet 3 (pages 22 to 24) Theme 3, worksheet 1 (pages 31,32)

Grammar topics- Naming words, is / am / are , Pronouns

Panorama -Unit 2 The Foolish Flies (Classroom Reading)

Blends – ee, oo (long and short sound) words

AUGUST

MCB - UNIT 4 The Story of a Cloud (Comprehension and Book Exercise)

UNIT 5 (Poem) Cats Sleep Anywhere

Workbook - Theme 4 , worksheet 3 (pages 49 and 50) , Theme 3 ,worksheet 4 (page39 - 40)

Theme 1, worksheet 3 (pages 8-9) and Theme 2, worksheet 2(pages 17 to 19)

Theme 2 ,worksheet 1(pages 15 to 16)

Grammar topics- Punctuations, This / that and These/ those

Panorama- Unit 3 The King and The Foolish Monkey (Classroom Reading)

Blends - ee , oo , ch , sh words

SEPTEMBER

MCB – UNIT- 6 I Want a Garden (Comprehension and Book Exercise)

UNIT- 7 Holi Splash (Comprehension and Book Exercise)

Workbook- Theme 4, worksheet 2 (pages 45 to 48)

Theme 2 ,worksheet 2 (pages 20 and 21) ,Theme 1

Worksheet 1 (Pages 1 – 4)

Grammar topics- Articles , Genders

Panorama -Unit 4- King Bruce and the Spider. (Classroom Reading)

Blends - ee, oo, ch sh ,th , bl , br words

Framing of small sentences

OCTOBER

MCB - UNIT- 8 (poem) Two Kites

UNIT- 9 The Missing Ring (Comprehension and Book Exercise)

Workbook- Theme 3 , worksheet 3 (page 38)

Theme 4 , worksheet 1 (pages 41 to 44)

Grammar topic - One and Many

Panorama - Unit 5 The Rabbit and the Tortoise (Classroom Reading)

Blends -ee , oo , sh , ch , th , bl ,br , cl , cr words

Framing of small sentences

NOVEMBER

MCB -Unit 10 (poem) Parrots in My Garden

Unit 11 The Ugly Duckling (Comprehension and Book Exercise)

Workbook- Theme 5 ,worksheet 2(pages 59 and 60) worksheet 4 (page 63) , Theme 3, worksheet 1 (page27- 30)

Theme 1, worksheet 4 (pages 10 and 11)

Grammar topic -Doing words

Panorama-Unit 6 The Honest Woodcutter (Classroom Reading)

Framing of small sentences

DECEMBER

MCB - UNIT -12 All about Dolphins (comprehension, Book exercise and Q/Ans in Notebook)

UNIT -13 Blue and Yellow Mixing (poem)

Workbook - Theme 5 ,worksheet 1(pages 54 to 58) , worksheet 3 (pages 61 and 62) and worksheet 4 (page 64)

Grammar topic - Preposition (in,on,under, near , behind)

Panorama - Unit 7 Keep Your Eyes Open and unit-8 King Midas (Classroom Reading)

JANUARY

MCB -Unit 14 -The Little Engine That Could

(Comprehension ,Book exercise and Q/Ans in Notebook)

Workbook - Theme 4, worksheet 4 (pages 51 to 53)

Theme 2, worksheet 4 (pages 25 and 26)

Revision of grammar topics

Panorama -Unit 9 The Greedy Mouse (Classroom Reading)

FEBRUARY

MCB - Unit - 15 Samira' s Awful Lunch (Comprehension , Book exercise and Q/Ans in Notebook)

Workbook - Activity (pages 65 to 70)

Revision of blends and grammar topics

Panorama- Unit 10 The Magic Pot and unit 11 -The Fox and the Crow.(Classroom Reading)

MARCH

Workbook- Question paper I and II

Panorama Unit 12 The Boy Who Cried Wolf (Classroom Reading)

Revision of grammar topics.

हिंदी पाठ्यक्रम

नई आशाएँ हिंदी पाठमाला 1

नई आशाएँ हिंदी पाठमाला 1 कार्यपत्रिका

अप्रैल – मई

- ❖ आओ बात करें (चित्र वर्णन)
- ❖ आओ कहानी सुनें (चित्रकथा)
- ❖ कहानी सुनाओ (चित्रकथा)
- ❖ आओ गाएँ (बादल बैया)
- ❖ मुझे पहचानो
- ❖ वर्णमाला

1. मात्राएँ - (अ) उपवन चल

2. (आ - ट) - बाज़ार जा

कार्यपत्रिका 1 और 2

❖ बारहखड़ी परिचय अ ,आ ,इ ,ई की मात्रा ।

❖ अ , आ की मात्रा वाले शब्दों को पढ़ने और लिखने का अभ्यास ।

जुलाई

3. (इ - ि) - पिकनिक

4. (ई - ी) - तितली बच गई

कार्यपत्रिका 3 और 4

❖ बारहखड़ी परिचय अ ,आ ,इ ,ई ,उ , ऊ की मात्रा ।

❖ अ , आ , इ , ई की मात्रा वाले शब्दों को पढ़ने और लिखने का अभ्यास ।

अगस्त

5. (उ - ु) - फुदकी चुहिया

6. (ऊ - ू) - जादू का जूता

कार्यपत्रिका 5 और 6

❖ बारहखड़ी परिचय अ ,आ ,इ ,ई ,उ , ऊ , ए , ऐ की मात्रा ।

❖ अ , आ , इ , ई ,उ , ऊ की मात्रा वाले शब्दों को पढ़ने और लिखने का अभ्यास ।

सितंबर

7. (ए - े) - परेश और बेला

8. (ऐ - ै) - पैसे का थैला

❖ आओ खुशी मनाएँ

कार्यपत्रिका 7 और 8

व्याकरण

उलटे अर्थ वाले शब्द (विलोम शब्द)

❖ पठित गद्यांश

❖ बारहखड़ी परिचय अ ,आ ,इ ,ई ,उ ,ऊ , ए , ऐ , ओ , औ की मात्रा |

❖ अब तक कराई गई सभी मात्राओं को पढ़ने और लिखने का अभ्यास |

अक्टूबर

9. (ओ – ो) सोनू का सपना

10. (औ – ौ) औना और पौना

कार्यपत्रिका 9 और 10

व्याकरण - संज्ञा (नाम वाले शब्द)

❖ अपठित गद्यांश

❖ अब तक कराई गई सभी मात्राओं को पढ़ने और लिखने का अभ्यास |

नवंबर

❖ आओ गाएँ

❖ सूझ – बूझ (चित्रकथा)

व्याकरण -

काम वाले शब्द (क्रिया), एक – अनेक , लड़का – लड़की (लिंग बदलो) , एक नाम और (समान अर्थ वाले शब्द)

कार्यपत्रिका 14

❖ अब तक कराई गई सभी मात्राओं को पढ़ने और लिखने का अभ्यास |

दिसंबर

11. (अं – ं) – मोती का कंगन

12. (अँ – ँ) – माँ की अँगूठी

13. चिड़िया का मेला

कार्यपत्रिका 11 , 12 और 13

❖ अनुस्वार और अनुनासिक का अभ्यास

❖ अपठित गद्यांश

जनवरी

❖ (ऋ – ृ) – बरसात की ऋतु

❖ सयुक्त व्यंजन

❖ सयुक्त अक्षर

❖ आओ लिखें (चित्र वर्णन)

- ❖ वाक्य लेखन
- ❖ अनुस्वार और अनुनासिक शब्दों को पढ़ने और लिखने का अभ्यास।

फरवरी

- ❖ अः की मात्रा (ः)
- ❖ र – रेफ व र – पदेन
- ❖ नुक्ता – (˙) , ˆ

- ❖ शब्दों का खेल
- ❖ पशु – पक्षियों की बोलियाँ

मार्च

14. चुनमुन और सिलबिल

- ❖ आओ गिनती सीखें
- ❖ आओ खेले
- ❖ सुलेख
- ❖ शब्द – अर्थ

MATHEMATICS

TEXTBOOK- Mathematics 1(Vol. I &II)

BY- BBPS Training Centre (CES Regd.)

April & May

Counting 1 to 100

Number names Zero to Ten (0-10)

Random counting

After and Before numbers

Table of 0

Reverse counting

After, Before and between numbers

Comparison of numbers

Ascending and descending order

Table of 1

July

Number Names – Eleven to Twenty(11–20)

Ch – Numbers (10 – 20)

Addition

Table of 2

August

Number Names (Counting in Tens for eg-10,20,30,----)

Ch- Numbers from 1-100

Pre Number Vocabulary

Subtraction

Revision of Tables from 0 to 2

September

Grouping

Ordinal Numbers

Multiplication

(Multiplication as repeated addition)

Table of 3

October

Multiplication (to be continued)

Shapes

Patterns

Table of 4

November

Measurement of length

Money

Odd and Even Numbers

Revision of tables from 0 to 4

December

Skip counting (By 2s,3s,5s and 10s)

Measurement of weight

Table of 5

January

Measurement of capacity

Revision of tables from 0 to 5

February

Measurement of time

Calendar

Revision of Tables

March

Data handling

Revision of tables

ENVIRONMENTAL SCIENCE

Textbook- Environmental Studies

Viva Education

APRIL and MAY

Lesson- 1 About Me

Lesson -2 My Body

Lesson -3 My Sense Organs

JULY

Lesson- 4 Looking after My Body

Lesson - 5 The Clothes We Wear [Lesson 5 and 6 for Project
And Group Discussion]

Lesson - 6 Food We Eat

AUGUST

Lesson -7 Safety Rules

Lesson - 8 My Family

Lesson- 9 We Help One Another

SEPTEMBER

Lesson – 10 We Need Shelter

Lesson- 11 Rooms in a House

Lesson- 12 Our Neighbourhood [Project and group
Discussion]

OCTOBER

Lesson – 13 My School [Project and group discussion]

Lesson – 14 People Who Helps Us

NOVEMBER

Lesson – 15 Festivals

Lesson -16 Good Manners and Habits

DECEMBER

Lesson – 17 Travelling is Fun

Lesson - 18 The World of Plants

Lesson – 19 The World of Animals- Theatre [Project and
Group discussion]

JANUARY

Lesson – 20 All about Water [Project and group discussion]

FEBRUARY

Lesson – 21 Up in the Sky

Lesson – 22 Earth Activity

MARCH

Lesson – 23 Weather Activity

GENERAL KNOWLEDGE

General Knowledge Success -1

APRIL

Pages 3 – 7

MAY

Pages 8 – 9

JULY

Pages 10 – 15

AUGUST

Pages 16 – 21

SEPTEMBER

Pages 22 – 29

OCTOBER

Pages 30 – 33

NOVEMBER

Pages 34 – 38

DECEMBER

Pages 39-42

JANUARY

Pages 43 – 46

FEBRUARY

Pages 47 – 50

MARCH

Pages 51 – 54

DANCE

APRIL - MAY

Introduction of 'Bhoomi- pranam' in basic knowledge of 'Odissi' dance style.

Steps of dance of 'Expression'

JULY – AUGUST

Practice of first two steps of the 'Odissi' dance.

Steps of Patriotic song.

Steps of Janamasthami.

SEPTEMBER – NOVEMBER

Two Physical exercises related of 'Odissi' dance.

Steps of folk dance with festival themes.

Step No 3rd & 4th of 'Odissi' dance.

Steps of Teachers' Day dance song.

DECEMBER – JANUARY

Practice of Step No. 4

Steps of Christmas song.

FEBRUARY & MARCH

Practice of all steps and hand movements of the 'Odissi' dance

Steps of 'Holi' dance

संगीत पाठ्यक्रम

I-कक्षा

अप्रैल—मई

- सरगम का अभ्यास, आरोह अवरोह
- प्रार्थना – “इतनी शक्ति हमें देना दाता” का अभ्यास

जुलाई—अगस्त

- देशभक्ति गीत का अभ्यास “सारे जहाँ से अच्छा”
- प्रार्थना – “इतनी शक्ति हमें देना दाता” का अभ्यास

सितंबर—नवम्बर

- त्योहार गीत दिवाली का अभ्यास “आई दिवाली दीप जल उठे”
- प्रार्थना – “ऐ मालिक तेरे बंदे हम” का अभ्यास

दिसंबर – फरवरी

- प्रेरणादायक गीत का अभ्यास “सँभल-सँभल के चलता चल”
- प्रार्थना – “ऐ मालिक तेरे बंदे हम” का अभ्यास

मार्च

- होली गीत का अभ्यास – “होली आई, होली आई, रंग डालो”

ART

ART & CRAFT – I

APRIL - MAY

Page no. 3, 4, 5, 6

Topic: School time and Pet dog (filework)

JULY - AUGUST

Book Page no. 7, 8, 9, 11

Topic: Car and Helicopter (filework)

SEPTEMBER - OCTOBER

Book Page no. 12, 10, 13

Topic: Help me if you can and : King of jungle (filework)

NOVEMBER - DECEMBER

Book Page no. 17, 15, 14, 16

Topic: Mouse and Elephant (filework)

JANUARY - FEBRUARY

Book Page no. 18, 19

Topic: 3 D cubes, Tipi tribes (filework)

MARCH

Book Page no. 23

Topic: On the sea (filework)

CRAFT

ART AND CRAFT - 1

APRIL – MAY

PAGES- 20, 21, 22, 24

FILE WORK –Tulip (Fork Painting)

JULY – AUGUST

PAGES -25, 26, 27, 28

FILE WORK – Easter Eggs

SEPTEMBER – OCTOBER

PAGES - 29, 30, 31, 32

FILE WORK -Tree

NOVEMBER – DECEMBER

PAGES - 33, 34, 35

FILE WORK – Blooming Cactus

JANUARY – FEBRUARY

PAGES - 36, 37, 38

PAGE - 39 Mother's Day Keepsake (Pendant)

MARCH

PAGE - 40

PHYSICAL EDUCATION**APRIL - AUGUST**

Yoga

Tadasana And Vajrasana

Ball Game (Introducing Ball Handling)

Hit the Target

Take Aim

Throwing At Target

Jump In Hoopla

Chasing Game

Football Kicking

Inside Foot

Instep Foot

SEPTEMBER - DECEMBER

Athletics

Standing Stance

Races (Practice)

Rhythmic Activities

Running, Jumping & Twisting

Collecting The Ball

Dog And The Bone (Dodging Skill)

(Pec Activity)

Follow The Leader

Responding Commands And Signal

Relay

Balancing On One Leg

JANUARY - MARCH

Yoga

Balloon Breathing

Laughter Exercise

Bean Bag Balance Race

Place Bean Bag In Hoopla

(Pec Activity)

Running and Jumping With Obstacle

Jumping and Hopping With Hurdle

Rolling a Ball

Skipping (Single Hop)

VALUE EDUCATION

APRIL - MAY

POCSO

Story - You are special

Story – Gets lost in the jungle

JULY

Know your feelings

Touches and Feelings

AUGUST

Types of touches

Uncomfortable – When to say 'NO'

SEPTEMBER

Who is a stranger?

Talking about Private Parts.

Story - Stranger in the park

OCTOBER

Secrets – Introduction

All about Bullying.

NOVEMBER

Story – Don't be afraid.

Story - It is not your Fault.

DECEMBER

Story – POCSO And Joey

It is ok to be scared.

JANUARY

Is it safe for you or not?

Emergency Situations.

FEBRUARY

Are you Hiding?

When to tell?