



Bal Bharati
PUBLIC SCHOOL
(An Institution of the Child Education Society (Regd.) Delhi)
BRIJ VIHAR, GHAZIABAD



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GHAZIABAD

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PARENT'S HANDBOOK

SESSION 2022-23

DEPARTMENT - MIDDLE



VISION

हंस आत्मज्ञान का एक प्रतीक है। "ईश हंस हमें शिक्षा दें और हम सीखने और उत्कृष्टता की नई ऊँचाइयों पर लगातार चलते रहें।"



A swan is a symbol of enlightenment. The motto translates as, "O swan, give us knowledge and make us move constantly to newer heights of learning and excellence".

हंसो नयतु नः प्रज्ञाम्

To strive for better and better, not resting on one's laurels; seek solutions not excuses, deliver results and serve the community by providing quality education.

MISSION

- To develop scholastic personalities and impart knowledge to maximize skills and competencies.
- To impart wisdom that transforms mere knowledge into a meaningful initiative and enterprise for a harmonious and prosperous society.
- To provide holistic education to the society as a whole without any prejudice or discrimination.
- Equip the child to meet all the challenges - social, moral and intellectual and comprehend human values.
- To make students responsible, law abiding and enlightened citizens of a global society.
- To instil traits of team work, empathy, patience, perseverance and respect for elders and mentors.
- To ensure sensitivity and commitment towards environment and all the beings to save the planet for future generations.

VISITING HOURS

8:30 - 9:30 am

Principal

Vice Principal

Headmistress (Primary)

Headmistress (Montessori)

SPECIAL APPOINTMENTS

(By sending a mail two days in advance)

Principal

bbpsbv@balbharati.org

Vice Principal

mona.chawla@bv.balbharati.org

Headmistress (Primary)

prabha.dutt@bv.balbharati.org

Headmistress (Montessori)

bhawna.gaba@bv.balbharati.org

Class Teacher

(Parents can meet the class teacher between 2:10 - 2:30 pm)



SCHEDULE OF PERIODS

Zero Period	7:45-8:30
1st Period	8:30-9:05
2nd Period	9:05-9:40
3rd Period	9:40-10:15
4th Period	10:15-10:50
5th Period	10:50-11:25
Lunch Break	11:25-11:45
6th Period	11:45-12:20
7th Period	12:20-12:55
8th Period	12:55-1:30
9th Period	1:30-2:05

ZERO PERIOD SCHEDULE

- **MORNING PRAYER/NATIONAL ANTHEM/DAILY MORNING EXERCISE**
- **STUDENT'S ATTENDANCE**





PARENT TEACHERS MEETING TIME : 7:45 AM TO 11:30 AM

S.No.	Day	Date
1	Saturday	7th May 2022
2	Saturday	20th August 2022
3	Saturday	15th October 2022
4	Saturday	3rd December 2022
5	Saturday	21st January 2023



TEACHERS' LIST

MIDDLE DEPARTMENT

CLASS/SECTION	NAME OF THE CLASS TEACHER
VIA	MS. BHARTI DAGAR
VIB	MS. BHARTI ATREY (Coordinator)
VIC	MR. VIKASH KOTHARI
VID	MS. TANYA VERMA
VI E	MS. DEEKSHA TRIPATHI
VII A	MS. SHUBHA MITRA (Coordinator)
VII B	MS. AKANSHA
VII C	MS. POOJA
VII D	MS. MRIDULA
VII E	MR. SUPRIYA SAHA
VIII A	MS. RANU (Coordinator)
VIII B	MR. M.K. SHARMA
VIII C	MS. SHUBHRA SRIVASTAVA
VIII D	MS. SARGAM
VIII E	MR. KUNDAN KUMAR
	NON-CLASS TEACHERS
1	MS. KAVITA GUPTA
2	MR. BHARAT SHARMA
3	MR. TARUN MAITY
4	MS. PRACHI CHOUDHARY
5	MS. NIDHI NAYYAR
6	MS. RASHMI TANDON
7	MS. ANJALI RAINA



HOUSEWISE LIST OF TEACHERS

ASHOKA HOUSE
MS. BHARTI DAGAR (HOUSE MASTER)
MS. SHUBHRA SRIVASTAVA (ASST. HOUSE MASTER)
MR. TARUN MAITY
MS. NIDHI NAYYAR
MR. SUPRIYA SAHA
SHASTRI HOUSE
MS. SARGAM UPADHYAY (HOUSE MASTER)
MS. RANU CHAKRABORTY (ASST. HOUSE MASTER)
DR. M. K. SHARMA
MS. TANYA VERMA
MR. KUNDAN KUMAR
MS. KAVITA GUPTA
SHIVAJI HOUSE
MS. POOJA (HOUSE MASTER)
MS. MRIDULA (ASST. HOUSE MASTER)
MR. VIKASH KOTHARI
MS. DEEKSHA TRIPATHI
MS. AKANSHA
SUBHASH HOUSE
MS. BHARTI ATREY (HOUSE MASTER)
MS. SHUBHA MITRA (ASST. HOUSE MASTER)
MS. RASHMI TANDON
MR. BHARAT SHARMA
MS. ANJALI RAINA



ASSESSMENT SYSTEM/PROMOTION POLICY/ASSESSMENT STRUCTURE
2022-23 (VI- VII)

Assessment of students and promotion to the next class will be done as per the CBSE norms. To get detailed information regarding Assessment System, Login to CBSE website (www.cbse.nic.in) on a regular basis.

EXAMINATION SCHEDULE

PERIODIC ASSESSMENT - I	JULY II WEEK
HALF YEARLY EXAMINATION	SEPTEMBER II WEEK
PERIODIC ASSESSMENT - II	DECEMBER II WEEK
ANNUAL EXAMINATION	MARCH 2023



LIST OF HOLIDAYS

Summer Break	23 rd May to 30 th June 2022
Dussehra Break	3 rd to 5 th October 2022
Diwali Break	24 th to 26 th October 2022
Winter Break	30 th December 2022 – 8 th January 2023

DATE	DAY	OCCASION
APRIL		
14 th April 2022	Thursday	Mahavir & Ambedkar Jayanti
15 th April 2022	Friday	Good Friday
MAY		
3 rd May 2022	Tuesday	Id-Ul-Fitr
16 th May 2022	Monday	Budh Purnima
AUGUST		
9 th August 2022	Tuesday	Muharram
11 th August 2022	Thursday	Raksha Bandhan
15 th August 2022	Monday	Independence Day
19 th August 2022	Friday	Janmashtami
OCTOBER		
2 nd October 2022	Sunday	Gandhi Jayanti
3 rd October 2022	Monday	Ashtami
4 th October 2022	Tuesday	Ram Navmi
5 th October 2022	Wednesday	Dussehra
13 th October 2022	Thursday	Karva Chauth
23 rd October 2022	Sunday	Choti Diwali
24 th October 2022	Monday	Diwali
25 th October 2022	Tuesday	Goverdhan Puja
26 th October 2022	Wednesday	Bhai Dooj
30 th October 2022	Sunday	Chath Puja
NOVEMBER		
8 th November 2022	Tuesday	Guru Nanak Birthday
DECEMBER		
25 th December 2022	Sunday	Christmas
JANUARY		
26 th January 2023	Thursday	Republic Day
FEBRUARY		
4 th February 2023	Saturday	Prophet's Birthday
18 th February 2023	Saturday	Maha Shiv Ratri
MARCH		
7 th March 2023	Tuesday	Choti Holi
8 th March 2023	Wednesday	Holi
30 th March 2023	Thursday	Ram Navmi





BAL SABHA ACTIVITIES

S.NO.	DATE	CLASS	ACTIVITY	THEME	COORDINATORS	LEARNING OUTCOME
1	19th APRIL 2022	VI-VIII	ROCK THE SHOW- CARDIO FITNESS	PHYSICAL AND MENTAL FITNESS	MS. SARGAM (COORDINATOR) MS. NIDHI NAYYAR	Students will learn the importance of good health and acquaint themselves with some effective cardio exercises and circuit training program
		VI	FOOD FIESTA- HEALTHY PLATTER		MS. POOJA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VII	FITNESS JUNKIES		MS. ANJALI RAINA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
2	17th MAY 2022	VI-VIII	ROUND THE CLOCK- TIME BASED MATHEMATICAL QUIZ	TIME MANAGEMENT	MS. RAMU (COORDINATOR) MS. DEEKSHA TRIPATHI	Students will learn about the benefits of time management in their lives.
		VII	SAMAY NIYAMAN- DOHAVALI		MS. BHARTI ATREY (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VIII	MATH-O-RAJ		MS. RASHMI TANDON (COORDINATOR) RESPECTIVE CLASS TEACHERS	
3	26th JULY 2022	VI-VIII	NUKKAD NATAK- CLEANLINESS	CLEANLINESS	MS. BHARTI DAGAR (COORDINATOR)	Students will learn how maintaining cleanliness is an essential part of our healthy living and how it helps to improve our personality by keeping clean externally and internally.
		VI	WEAVE THE STORY- COMIC STRIPS ON CLEANLINESS		MS. SHUBHRA SRIVASTAVA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VIII	SWARACHIT VIGYAPAN LEKHAN/ PRASTUTIKARAN		MR. VIRASH (COORDINATOR) RESPECTIVE CLASS TEACHERS	
4	23rd AUGUST 2022	VI-VIII	BOOGIE WOOGIE	POSITIVE APPROACH	MS. SARGAM (COORDINATOR) MS. ANJALI RAINA	Students will learn to keep positive attitude that helps us cope more easily with the daily affairs of life
		VI	LINSUNG HEROES		MS. SHUBHRA SRIVASTAVA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VII	TED TALK- DISCOVERING MYSELF		MS. MRIDULA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
5	18th OCTOBER 2022	VI-VIII	NAATYA- ENACTMENT ON CONTEMPORARY ISSUES	LAW ABIDING CITIZEN	MS. SHUBHA MITRA (COORDINATOR) MR. SUPRIYA SAHA	Students will learn about some laws and also how laws serve as a norm of conduct for citizens and act as a guidance of acceptable behaviour
		VII	DIGITAL CITIZENSHIP		MS. KAVITA GUPTA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VIII	PLAY- DOH- FUN (3D MONUMENTS)		MR. KUNDAN KUMAR (COORDINATOR) RESPECTIVE CLASS TEACHERS	
6	22nd NOVEMBER 2022	VI-VIII	THE MAGIC OF MIME	HAPPINESS	MS. MRIDULA (COORDINATOR) MS. RAMU	Students will learn the importance of being happy. They will understand how happiness leads to more productivity to positivity
		VI	STAND UP COMEDY		MS. TANYA (COORDINATOR) RESPECTIVE CLASS TEACHERS	
		VIII	MEMETHOLON- EXPERTING THE ART OF MEMES		MS. BHARTI DAGAR (COORDINATOR) RESPECTIVE CLASS TEACHERS	



7	27th DECEMBER 2022	VI-VIII	PUPPETEERS- INSPIRATIONAL STORIES ON HARDWORK	HARD WORK	MS. BHARTI ATREY (COORDINATOR)	Students will learn the significance of Hard work and how it is the key to both success and self-satisfaction.
		VI	CHARITRANKAN- CHARACTER PORTRAYAL		MR. VIKASH	
		VII	SUR SANGAM		MS. DEEKSHA TRIPATHI	
					MS. SHUBHRA (COORDINATOR)	
8	31st JANUARY 2023	VI-VIII	PEPPY POPPERS	STRIVING FOR EXCELLENCE	RESPECTIVE CLASS TEACHERS	Students will enhance their creative and artistic skills and strive for excellence in what they will do
		VII	MIRAGE- OPTICAL ILLUSIONS USING MATHEMATICAL PATTERNS		MR. BHARAT (COORDINATOR)	
					RESPECTIVE CLASS TEACHERS	
		VIII	CREATIVE HAND		MS. TANYA (COORDINATOR)	
					MR. TARUN (COORDINATOR)	
					RESPECTIVE CLASS TEACHERS	
					MS. AKANSHA (COORDINATOR)	
					RESPECTIVE CLASS TEACHERS	

GENERAL ASSEMBLIES / SPECIAL ASSEMBLIES / TEACHERS' TALK (Middle)

S. NO	DAY/DATE		CLASS / SEC	TOPIC FOR SPECIAL ASSEMBLY / TEACHERS' TALK	COORDINATOR / SUBSTITUTE COORDINATOR	LEARNING OUTCOME
1	Friday	01 April 2022	Joint Assembly	Satarambh	Assembly Coordinators	Understanding Indian culture
2	Tuesday	12 April 2022	VIII A	Physical and mental fitness- Health is better than wealth	Ms. Ranu/Dr. M.K. Sharma	Importance of Physical Fitness in dally routine
3	Tuesday	26 April 2022	VIII B	Physical and mental fitness-Passive screen time to active field time	Dr. M.K. Sharma/Ms. Shubhra	Maintaining moderation in screen time. can make differences in child's health and social well being
4	Tuesday	10 May 2022	VIII C	Time Management- Team Spirit & Cooperation	Ms. Shubhra/Ms. Sargam	Organizational skills, Developing team spirit
5	Tuesday	17 May 2022	VIII D	Time management- Optimistic approach towards life	Ms. Sargam/Mr. Kundan Kumar	Developing the positive approach towards life, lower stress level
6	Tuesday	05 July 2022	VIII E	Cleanliness-Clean India, Green India	Mr. Kundan Kumar/ Ms. Kavita Gupta	Developing the sense that why we need to take care of our planet and become responsible citizens.
7	Tuesday	12 July 2022	VII A	Cleanliness- Cleanliness reflects the character of citizens	Ms. Shubha/Ms. Akansha	Developing the importance of hygiene which in turn makes our physical and mental health clean imbining the character of a person
8	Tuesday	02 August 2022	VII B	Positive Approach- You can do it!	Ms. Akansha/Ms Pooja	Develop the value of work
9	Thursday	13 August 2022	Special assembly	Independence Day	Assembly Coordinators	Developing the love for nature and understanding the duties
10	Tuesday	16 August 2022	VII C	Positive Approach- Possibilities	Ms. Pooja/Ms. Mridula	Developing the new learning opportunities and challenges

GENERAL ASSEMBLIES / SPECIAL ASSEMBLIES / TEACHERS' TALK (Middle)

S. NO	DAY/DATE		CLASS / SEC	TOPIC FOR SPECIAL ASSEMBLY / TEACHERS' TALK	COORDINATOR / SUBSTITUTE COORDINATOR	LEARNING OUTCOME
11	Tuesday	30 August 2022	VII D	Positive Approach- Using the power of the smile to reverse the ton of situations	Ms. Mridula/Mr. Supriya Saha	Developing the quality of making of best out of any situations.
12	Saturday	03 September 2022	Special Assembly	Teachers' Day Celebrations	Assembly Coordinators	Developing healthy teacher-student relationship
13	Tuesday	06 September 2022	VII E	Importance of gratitude-Gratitude enriches the human life	Mr. Supriya Saha /Ms. Rashmi	Develop a positive outlook towards life rather than focussing on shortcomings
14	Tuesday	11 October 2022	VI A	Law abiding Citizens-Honesty and Integrity	Ms. Bharti Dagar/Ms. Bharti Atrey	Developing the value of honesty and Integrity
15	Friday	21 October 2022	Special Assembly	Diwali Celebrations	Assembly coordinator	Importance of share, care & joy
16	Tuesday	01 November 2022	VI B	Happiness - Meaningful life in which person uses his strength	Ms. Bharti Atrey/Mr. Vikas	Understanding the life and purpose which relates to the goal
17	Tuesday	15 November 2022	VI C	Happiness -Harmony with body, mind and soul	Mr. Vikas/Ms. Tanya	Develop the ability to be more productive and energized
18	Tuesday	06 December 2022	VI D	Hardwork-It is the only key to success	Ms. Tanya/Ms. Deeksha Tripathi	Develop discipline, dedication and determination
19	Friday	23 December 2022	Special Assembly	Christmas Celebration	Assembly coordinator	Significance of joy & sharing
20	Tuesday	17 January 2023	VI E	Striving for excellence-Identify your values	Ms. Deeksha Tripathi /Ms. Nidhi Nayyar	Learning from mistakes and remain flexible to adjust the standards and goals
21	Wednesday	25 January 2023	Special assembly	Republic Day	Assembly coordinators	Developing respect for the Constitution & National Leader



FACULTY COORDINATORS/MEMBERS 2022-23

ENGLISH
Ms. Jyotsna Sharma (Coordinator)
Ms. Akanksha
Ms. Mridula
Mr. Supriya Saha
HINDI
Ms. Bharti Atrey (Coordinator)
Ms. Shubhra Srivastava
Mr. Vikash Kothari
SANSKRIT
Dr. M.K Sharma (Coordinator)
Ms. Shubhra Srivastava
Mr. Vikas Kothari
MATHS
Ms. Jyotsna Yadav (Coordinator)
Ms. Rashmi Tandon
Ms. Ranu Chakraborty
Ms. Tanya Verma
Ms. Deeksha Tripathi
SCIENCE
Ms. Rashmi Tandon (Coordinator)
Ms. Pooja
Ms. Bharti Dagar
SOCIAL SCIENCE
Ms. Prachi Choudhary (Coordinator)
Ms. Shubha Mitra
Mr. Kundan Kumar
GERMAN
Ms. Sargam Upadhyay
COMPUTER SCIENCE
Mr. Anurag Prasad (Coordinator)
Ms. Kavita Gupta
ART & CRAFT
Mr. Tarun Maity
MUSIC & DANCE
Mr. Bharat Sharma
SPORTS
Ms. Anjali Raina
SPECIAL EDUCATOR
Ms. Nidhi Nayyar





COORDINATORS OF ACTIVITIES 2022-23

1	Over all Activities	Ms. Prachi Choudhary (Coordinator)
	a) Inter House Activities	Ms. Prachi Choudhary
	b) Inter School Activities	Ms. Pooja
	c) CBSE & DIOS Activities	Ms. Bharati Dagar
2	Morning Assembly	Ms. Bharati Dagar (Coordinator)
		Ms. Mridula
3	Examination committee	Ms. Rashmi Tandon (Coordinator)
		Ms. Kavita Gupta
4	School Council	Ms. Shubha Mitra (Coordinator)
		Ms. Mridula
5	Tours & Excursions	Ms. Prachi (Coordinator)
		Ms. Kavita Gupta
6	Time Table	Ms. Rashmi Tandon (Coordinator)
		Ms. Sargam
7	Club Activities	Ms. Shubha Mitra
8	IDS	Ms. Mridula
9	Disaster Management	Ms. Shubha Mitra
10	Cleanliness & Maintenance	Ms. Sargam Upadhyay
11	Morning, Breaks, Dispersal & Transport Duty	Ms. Ranu Chakraborty
12	Display Board	Ms. Nidhi Nayyar



CO-CURRICULAR ACTIVITIES

CLUB ACTIVITIES

MAY 2022

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
1	Monday, 9 th May, 2022	A.E.P. CLUB	Live After Life- A talk on Organ Donation	To teach them about the importance of organ donation.	<ul style="list-style-type: none"> Students' knowledge and skill set will be increased regarding organ donation
		HEALTH AND WELLNESS CLUB	Measure what you Treasure	To stay happy and healthy physically and psychologically both.	<ul style="list-style-type: none"> Students will be able to learn— coping up the physical and mental challenges of adolescent period.
		INTERACT CLUB	Paint & Show Your Emotions	Develop the feeling of compassion and respect for parents.	<ul style="list-style-type: none"> To enhance the feeling of Love and respect.
		LITERARY CLUB	Masked Ball	To enhance their creative skills. They will be dressing up as their favourite character from a novel of their choice.	<ul style="list-style-type: none"> Students will enact their favourite character hence would learn the art of role play. Also, they will be able to reason out why they have a liking towards a particular character.
		NATURE AND HERITAGE CLUB	Story Board (Environmental Movements)	A creative way to present the information.	<ul style="list-style-type: none"> Students will learn about the various environmental movements organized in India. Students will also get a chance to present their points in a creative and illustrative way.
		SCIENTIFIC CLUB	Magic Trick of Colour Change	To make students aware about oxidation	<ul style="list-style-type: none"> Students will be able to learn oxidation reaction and how it affects our day-to-day life. Students will learn how the early people use this for sending secret messages
		TEEN CONSUMER CLUB	Mock Court-Enactment on deceived consumers	To create awareness among teen consumers about Consumer rights To sensitize students about consumer awareness	<ul style="list-style-type: none"> Students will get an understanding about consumer issues and develop a sense of their consumer rights and duties
		THEATRE CLUB	Orientation Program – By resource person	An introduction session to teach them about the basic theatrical skills.	<ul style="list-style-type: none"> Students will learn the basics of theatre. Developing a close bond with theatre
TINKER CLUB	Identification and Ideating	To familiarize students with the elements of an electrical circuit and construction of various working models.	<ul style="list-style-type: none"> Students will be able to identify the problems and innovate new ideas in existing simple home appliances. 		



CO-CURRICULAR ACTIVITIES CLUB ACTIVITIES

AUGUST 2022

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
2	Monday, 8th August, 2022	A.E.P. CLUB	Stress Buster Tools	To understand stress busters and use them effectively	<ul style="list-style-type: none"> Students will discuss about stress due to COVID pandemic and how they can reduce it by using these tools.
		HEALTH AND WELLNESS CLUB	Veggie panorama	To learn fruits and salad designing.	<ul style="list-style-type: none"> To develop an understanding among the students about healthy eating with an aesthetic sense of designing.
		INTERACT CLUB	Workshop (NIE)	Learn to prepare Toran/wind chimes/organisers with waste material in a creative manner	<ul style="list-style-type: none"> Awareness of dutifulness towards the community.
		LITERARY CLUB	MINI MUN	To know about the health facilities during COVID from various committees like UNESCO, WHO, UNICEF, UN	<ul style="list-style-type: none"> To develop an understanding among the students about how these various international bodies function. Also, the students will learn about the health conditions around during the times of the pandemic.
		NATURE AND HERITAGE CLUB	Make your own Terrarium	It is an excellent tool for teaching the water cycle as it demonstrates evaporation, condensation and precipitation.	<ul style="list-style-type: none"> To help students understand the water cycle. Terrariums don't need to be watered often, thus enabling water conservation.
		SCIENTIFIC CLUB	Stem Toys (Gliding Robot Craft, Craft Stick Catapult)	To develop creative thinking among students	<ul style="list-style-type: none"> Students will learn the scientific principles with some creative and fun ways.
		TEEN CONSUMER CLUB	Comic strip on consumerism- Representing consumer issues through Innovative comic strip	To develop creative understanding towards consumer issues To develop an aesthetic and creative sense amongst students Consumer Rights and duties	<ul style="list-style-type: none"> Students will get an understanding about consumer issues and develop a sense of their consumer rights and duties
		THEATRE CLUB	Actor Character	Students will be given dialogues which they have to deliver in different ways	<ul style="list-style-type: none"> Students will get to know how to play different roles and how to exercise their skills To enhance their creativity
		TINKER CLUB	Fairy Lights	To introduce the concept of Arduino, breadboards.	<ul style="list-style-type: none"> Students get to know the need for Innovation and improvisation to make devices user friendly.



CO-CURRICULAR ACTIVITIES

CLUB ACTIVITIES

OCTOBER 2022

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
3	Monday, 10th October, 2022	A.E.P. CLUB	Anger Management	To manage anger effectively	<ul style="list-style-type: none"> To engage all the students in activities which would lead to reduction in anger levels.
		HEALTH AND WELLNESS CLUB	Culture of Wellness	To stay healthy with stronger immunity through Ayurvedic recipes of ancient kitchen.	<ul style="list-style-type: none"> To develop an understanding among the students about the ancient Ayurvedic ingredients to develop immunity.
		INTERACT CLUB	Radio Show	Will be able to visualize situations and give expressions to their thoughts.	<ul style="list-style-type: none"> Will be able to create awareness about social injustice.
		LITERARY CLUB	Puppet Show	To develop presentation skills and fluency among the students. Also, they will show their creative side by making puppets.	<ul style="list-style-type: none"> Enhance their creative and presentation skills.
		NATURE AND HERITAGE CLUB	The Aborigines	Students will learn about the life and culture of the tribals- the original inhabitants of India.	<ul style="list-style-type: none"> To understand the life and culture of the tribals. Develop a respect for our rich cultural heritage
		SCIENTIFIC CLUB	Paper Spinners, Boomerang and Balloon propelled car race.	To understand the physics behind their motion	<ul style="list-style-type: none"> To understand the principles of change in air pressure and flow and force. To promote practical implication of concept of energy changes from one form to another.
		TEEN CONSUMER CLUB	E-Commerce-Innovative Pamphlets/Brochures	E-Commerce marketing strategies and its benefits To update the students about E-business, its pros & cons	<ul style="list-style-type: none"> Students will develop an understanding of E-marketing and strategies used in it.
		THEATRE CLUB	Navrasas	Understanding different emotions and enacting them	<ul style="list-style-type: none"> An introduction to the 9 facial expressions in theatre also known as Navras
TINKER CLUB	Design Thinking	To understand the concept of Design Thinking Leading to Prototype	<ul style="list-style-type: none"> They Recognize the Latest and Future Issues and Challenges in Innovation. They Expose the Student with State-of-The-Art Perspectives, Ideas, Concepts, And Solutions Related to The Design and Execution of Innovation Driven Projects Using Design Thinking Principles. 		



CO-CURRICULAR ACTIVITIES

CLUB ACTIVITIES

NOVEMBER 2022

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
4	Monday, 21st November, 2022	A.E.P. CLUB	Time Management- The Big Picture Challenge	To identify student's particular time wasters and adopt strategies for reducing them	<ul style="list-style-type: none"> Students will learn how to manage time properly
		HEALTH AND WELLNESS CLUB	Active students-Better learners	To know indoor/outdoor activities which keep students active and energetic	<ul style="list-style-type: none"> To promote the importance of indoor/outdoor games and activities among students. To learn to be happy and active at home with online classes.
		INTERACT CLUB	A Bunch of Happiness	To generate empathy towards less fortunate people.	<ul style="list-style-type: none"> Awareness of dutifulness towards the community.
		LITERARY CLUB	Shark Tank: (Activity on presenting a product)	To make students become creative and imaginative.	<ul style="list-style-type: none"> To develop creativity and innovation amongst the students. Also, by advertising the product in the market, their communication skills would increase.
		NATURE AND HERITAGE CLUB	Upcycle the Juice Cartons (Tetra Packs)	Protect the nature by reducing the amount of non-biodegradable waste	<ul style="list-style-type: none"> A creative way to use the empty Tetra packs. This will help in reducing the amount of plastic waste.
		SCIENTIFIC CLUB	3-D Simple Machine Model	To understand the working of simple machine	<ul style="list-style-type: none"> To understand the concept of fulcrum, support and load and how it helps in our daily life.
		TEEN CONSUMER CLUB	Logo designing	To create awareness about company's logos and creativity involved in designing the logos To learn about the key aspects of a strong logo	<ul style="list-style-type: none"> Students will develop awareness about different company's logos and learn a sense of creativity involved in designing the logos
		TINKER CLUB	Festive Lights	To introduce the concept of creating designs.	<ul style="list-style-type: none"> Enhance their presentation skills Voice modulation Students will learn to make different circuits by using different combinations- series and parallel. They learn to work on electronic assembly, working of LED.



CO-CURRICULAR ACTIVITIES CLUB ACTIVITIES

DECEMBER 2022

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
5	Monday, 26th December, 2022	A.E.P. CLUB	Teenage Turmoil- Guest Lecture	To gain understanding of what causes turmoil in teenagers and to overcome it	<ul style="list-style-type: none"> Students learn to have a good control over their issues as they engage in a deep talk regarding this and prepare a skit about it.
		HEALTH AND WELLNESS CLUB	SURYANAMASKAR: to activate Chakras for inner healing.	To make students realise the value of Surya namaskar in right direction.	<ul style="list-style-type: none"> To develop an understanding among the students about the real benefits of Surya namaskar.
		INTERACT CLUB	Drugs end all Dreams (Make an antidrug Society)	To make students aware about the disadvantages of drug addiction.	<ul style="list-style-type: none"> To generate awareness against Drugs and its harmful effects.
		LITERARY CLUB	Meet the Author	To make the students interact with a renowned personality.	<ul style="list-style-type: none"> Students will be able to learn the science behind writing books and frame questions of their own choice and ask the author. Their interactive skills will increase.
		NATURE AND HERITAGE CLUB	Sanskriti/Cultural Mashup	To help students learn about the rich cultural heritage of India.	<ul style="list-style-type: none"> An interesting way to learn about India's rich culture. Enhance their speaking and presentation skills.
		SCIENTIFIC CLUB	Green Wash	Learning by doing- preparing eco-friendly soaps.	<ul style="list-style-type: none"> To promote concept of preparation of soap in an eco-friendly way
		TEEN CONSUMER CLUB	Dragons' Den- Make your own business presentation	To develop an understanding of entrepreneurship in current scenarios	<ul style="list-style-type: none"> Students will learn about the concept of business development and develop some business ideas
		THEATRE CLUB	Rangmanch	Presentation of different theatrical skills like dance, song, skit etc.	<ul style="list-style-type: none"> Students will enhance their presentation skills. Overcome their stage-fear
		TINKER CLUB	Computational Thinking, Motion controlled colour changer	Students Tinker with Led /Beeper	<ul style="list-style-type: none"> They Learn to Work on Electronic Assembly, Working of Led. Computer programming allows students to learn programming languages, which are integral to many jobs of the future.



CO-CURRICULAR ACTIVITIES

CLUB ACTIVITIES

JANUARY 2023

S. No.	DAY / DATE	NAME OF THE CLUB	ACTIVITIES	OBJECTIVE	LEARNING OUTCOME
6	Monday, 16th January, 2023	A.E.P. CLUB	The 17- Sustainable Development Goals of UN	To understand the relevance of adopting the UN global goals	<ul style="list-style-type: none"> Would facilitate students to understand the concept of UN global goals.
		HEALTH AND WELLNESS CLUB	Kit for Fit	To make students realise the value of health and hygiene.	<ul style="list-style-type: none"> To develop an understanding among the students about maintaining things which facilitate health and cleanliness.
		INTERACT CLUB	Family Memories- Scrapbook/3D family tree/photo strings	An opportunity to strengthen the family bonds.	<ul style="list-style-type: none"> Will learn the value of family bond.
		LITERARY CLUB	Poetry Slam	To increase their knowledge about poetry and figures of speech.	<ul style="list-style-type: none"> Students will be able to understand the different styles of poetry and their writing styles. Also, they will learn about the various poetic devices and figures of speech.
		NATURE AND HERITAGE CLUB	Our Heritage- designing 3D-Monuments	Students will learn about the architecture of ancient India.	<ul style="list-style-type: none"> Students will compare the architecture of ancient India with the modern-day architectural work and identify the differences. It will give them a chance to identify the positive and negative aspects in the architecture of both eras.
		SCIENTIFIC CLUB	Quick Mathematics	Learn new and easy mathematical tricks.	<ul style="list-style-type: none"> Enhancement of numerical ability.
		TEEN CONSUMER CLUB	Jago Grahak Jago- analysis of hazardous products available in the market	To create awareness about hazardous products in the market To sensitize students about the hazardous products in the market	<ul style="list-style-type: none"> Students will get an understanding about consumer issues and develop a sense of their consumer rights and duties.
		THEATRE CLUB	Fight for freedom	Enactment on lives of different freedom fighters/famous incidents from freedom struggle.	<ul style="list-style-type: none"> To learn about our freedom Fighters through theatre. To develop a sense of respect for the hard-earned freedom.
TINKER CLUB	Augmented Reality Vs Virtual Reality Making Of Games	Understanding augmented reality and how they differ from virtual reality.	<ul style="list-style-type: none"> They learn about merging the virtual and physical information in a user's view field. They will be able to participate in discussions on AR and VR. 		



ATAL TINKERING LAB ACTIVITIES 2022-23

S.NO	DAY/DATE	NAME OF THE EVENT	OBJECTIVE	LEARNING OBJECTIVE	TEACHER COORDINATOR
1.	Thursday,14th April,2022	COMMUNITY DAY VI-XII	Students from different communities join in for learning and tinkering	1.Leverage ATL resources and equipment and conduct various sessions on tinkering and innovation by trained mentors, teachers and students. 2. Provide upcycling, basic tinkering, prototyping and DIY kits to conduct the event. 3. Conduct an innovation exhibition, showcasing key innovations created by students.	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
2.	Tuesday, 26th April 2022	World Intellectual Property Day VI-VIII	It is an opportunity to celebrate the creators and innovators who enrich our world, and who are at the base of our cultural and technological development.	To learn about the role that intellectual property (IP) rights play in encouraging innovation and creativity.	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
3.	Monday,2nd May 2022	Tinker Fest VI-XII	To collaborate learning technical skills	Multiple projects are done to encourage innovation	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
4.	Wednesday ,11th May 2021	National Technological Day Celebration IX -XII	The day commemorates the achievements of engineers and scientists in the field of science and technology. During the ongoing pandemic times, the day holds a special significance.	To create interest and awareness about science and technology to the students	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
5.	26th May-30th May 2022	ATAL SUMMER CAMP VI-XII (Also, Students from neighbouring schools)	To collaborate learning technical skills	Multiple projects are done to encourage innovation	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty



ATAL TINKERING LAB ACTIVITIES 2022-23

S.NO	DAY/DATE	NAME OF THE EVENT	OBJECTIVE	LEARNING OBJECTIVE	TEACHER COORDINATOR
6.	Saturday, 20th August 2022	TINKERING WORKSHOP FOR TEACHERS -School teachers	The objective is to orient the teachers and provide them with the know-how to become enablers for the entire process and journey of tinkering in schools.	This would enable teachers to reach their potential and enable them to guide the students to become innovators and solution providers.	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
7.	ATL MARATHON	JULY-AUGUST SEPTEMBER-OCTOBER	To collaborate learning technical skills	Multiple projects are done to encourage innovation	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
8.	Monday ,14th November 2022	Children's day Celebration VI-VIII	To provide an open platform to young children of the country to contribute towards sustainable development.	The objective is to encourage students to observe community problems and develop innovative solutions	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty
9.	Sunday ,28th February 2023	National Science Day Celebration Live sessions from NITI AAYOG for class 6 to 12	To learn the importance of science and its application among the people.	The focus is on making the specially-abled more aware of the scientific advances and exploring the way in which they can also contribute to the field of science and technology.	Ms. A.P. Shreelatha Ms. Madhavi Jha Ms. Viji Sridhar Ms. Rashmi Tandon Ms. Ranu Chakraborty



ENGLISH LANGUAGE ENHANCEMENT PLANNER

2022-23

S. No	Title of the Activity	Brief Description of the activity	Learning Outcome
1.	CREATIVE MONOLOGUE	The students have to prepare and present a monologue written from the point of view of one of the characters. The characters will be chosen either from their textbook or a Shakespearean play. The students present their monologues while their peers give feedback on the performance and how well the character's emotional perspective was understood / interpreted.	<ul style="list-style-type: none">• Enhancing Speaking Skill• Critical Assessment
2.	WHO'S TELLING THE TRUTH?	Each student writes three facts about themselves that nobody in the class knows on a piece of paper. Make sure each student includes their name on the top of the page. Collect the sheets of paper and bring three students to the front of the room. Read aloud one of the facts that is true for one of these three students. All three claim that the fact is theirs, and the class then proceeds to question them in an attempt to determine who is telling the truth and who is lying. Each student is allowed to ask one question to one of the three students. After a round of questioning, the students guess who is telling the truth.	<ul style="list-style-type: none">• Analyzing your peers through their body language.• Critical thinking• Planning & proper utilization of time
3.	SOLVE MY PROBLEM	Students sit in a semicircle in groups of 3-6. One person in each group will put forward a problem he/she faces. The others in the group will offer a variety of solutions, one at a time. The student accepts or debates the solution offered.	<ul style="list-style-type: none">• Understanding your peer & their life• Enhancing Speaking Skill
4.	DESERT ISLAND ACTIVITY	Give each student a piece of paper and tell them to draw an item—any item. Collect the drawings and pass them out again; no student should receive their own drawing. Next, tell the students that they've been stranded on a desert island, and only half of the class can survive and continue to inhabit the island. The only thing each student will have on the island is the item depicted in the drawing given to them, and their goal is to convince the class that they should survive based on that item.	<ul style="list-style-type: none">• Agree to disagree amicably• Planning & proper utilization of time• Integration of Arts and language enhancement activities gives a new dimension to reading and adds fun.
5.	PLAYACT	Students will form groups of four. Each group will be given one job advertisement from a newspaper or magazine and spend a few minutes discussing the ad. They have to play the roles of interviewer and candidate. Students perform the role-play in front of the class, using wh- questions.	<ul style="list-style-type: none">• Understanding your peer & their life• Utility• Collaboration• Enhancing Speaking and Writing Skills



CLUB COORDINATORS

(MIDDLE DEPARTMENT)

2022-23

OVERALL CLUB COORDINATOR	Ms. Shubha Mitra
AEP Club	Ms. Nidhi Nayyar (Coordinator)
	Mr. Supriya Saha
Health & Wellness Club	Ms. Anjali Raina (Coordinator)
	Ms. Akansha
	Ms. Kavita Gupta
Interact Club	Ms. Sargam Upadhyay (Coordinator)
	Ms. Tanya Verma
Literary & Creative Club	Ms. Mridula (Coordinator)
	Dr. M.K. Sharma
	Mr. Tarun Maity
Nature & Heritage Club	Ms. Bharati Dagar (Coordinator)
	Mr. Kundan Kumar
Tinkering Club	Ms. Rashmi Tandon (Coordinator)
	Ms. Deeksha Tripathi
Teen Consumer Club	Ms. Prachi Chaudhary (Coordinator)
	Mr. Vikash Kothari
Theatre Club	Ms. Bharati Atrey (Coordinator)
	Mr. Bharat Sharma
	Ms. Shubhra Srivastava
Scientific Skills	Ms. Pooja (Coordinator)
	Ms. Ranu Chakraborty
Robotics Club	Ms. Rashmi Tandon (Coordinator)
	Ms. Bharati Dagar
Astronomy Club	Ms. Pooja (Coordinator)
	Ms. Rashmi Tandon





ANNUAL SPORTS CALENDAR (MIDDLE DEPARTMENT) 2022-23

MONTH	CLASS	ACTIVITY
April	VI – VIII	Badminton
May	VI – VIII	Badminton
July	VI – VIII	Table Tennis
August	VI – VIII	Basketball
October	VI – VIII	Annual Athletic Meet
November	VI – VIII	Yoga
December	VI – VIII	Cricket
January	VI – VIII	Cricket
February	VI-VIII	Chess





INTERNATIONAL DIMENSION FOR SCHOOL (IDS) ACTIVITIES

ACTIVITIES WITH INTERNATIONAL DIMENSION

2022-23

S.NO.	DATE	CLASS	ACTIVITY	CO ORDINATOR
1.	April	VI-VIII	KNOWING THY GOALS: The students will solve an online jigsaw-puzzle of SDG poster and choose any one of them, elaborating why the goal needs to be achieved. Link for reference: https://puzzel.org/en/jigsaw/update?p=-MtXBKpA2mKRMBYp4zlt	Ms. Tanya Verma (Coordinator) Ms. Akansha
2.	August	VI-VIII	IMPERSONATE: The students will impersonate any famous personality, who has broken stereotypes prevailing in the society	Ms. Sargam (Coordinator) Mr. Supriya Saha
3.	January	VI-VIII	HANDMADE CALENDER: The students will design a calendar spreading awareness on 'Reducing Inequality', worldwide.	Ms. Ranu Chakraborty (Coordinator) Mr. Kundan Kumar