



Bal Bharati
PUBLIC SCHOOL
BRIJ VIHAR

MONTHLY PLANNER - JULY 2023

PRESCHOOL

THEME:

THE GROWING ME



Children are influenced by their surroundings. The theme is 'The Growing Me' appropriate for children between the age group of 4-5 years. Children develop healthy habits early in life. This will have lifelong benefits. During this period, children are curious about their physical development along with their likes and dislikes. Hence, we have designed the planner and focused on the theme in tandem with the academic subjects so as to develop the child's understanding.

CCCCC, ...

Value Education

A value-based education plays a fundamental role in Preschoolers' overall development and helps to shape their character, behaviour and decision-making abilities. Social skills like (politeness, punctuality, and truthfulness) will be imparted with the help of stories, rhymes, links and role plays.



Language Development

- Circle time
- News of the Day
- Story Making
- Children to express what they like /dislike to eat
I feel happy when..., I feel sad when..., and
I love to eat.....
- Show & Tell
- Dramatic (Role Play)
- Vegetable Market
- Picture reading using the class library books.



Rhymes

Growing Me

Be Honest

How does the corn go.....

गर्मी में

मेरे साथी

चुन्नू मुन्नू

आओ भाई आओ

अपना घर



Stories

Thirsty Crow

One day a crow was very thirsty and looked for water here and there. At last, it saw a pot of water there was a very little water in it. The crow got an idea. It collected some stones and put them into the pot one by one. The water came up. It drank the water and flew away.



लालची चूहा

चिंकू और मिंकू नाम के दो चूहे थे। उन्हें अनाज की टोकरी मिली। दोनों ने टोकरी में छेद कर दिया और वह टोकरी में घुस कर अनाज खाने लगे। चिंकू ने मिंकू से कहा चलो दोस्त अब कल खाएंगे। मिंकू ने कहा, "नहीं ऐसा खाना रोज़ नहीं मिलता"। चिंकू वहाँ से चला गया और मिंकू अनाज खाता रहा। अनाज खाते खाते मिंकू थक गया। वह टोकरी से निकलने लगा पर वह फस गया। अनाज खाते-खाते वह मोटा हो गया था। इतने में एक बिल्ली आयी और उसे पकड़ कर ले गयी।



Literacy English

Reading Readiness Activities

- Vocabulary- hobby, like, dislike, good, bad, my, mine, myself, me, game, please, excuse (me), sorry, thank you, etc.
- Letter and sound Recognition Ll, Tt, Ii
- Alphabet Stories and Rhymes to introduce the letters.
- Related vocabulary with each consonant.



- Letter games
- Related worksheets

Literacy Hindi

- शब्दावली – भोजन ,दूध ,साफ .सफाई ,दवाई ,सावधानी ,गंदा ,मच्छर , मक्खी ,रुमाल



- किन्ही पाँच क्रियाओं के चित्र दिए जायेंगे जैसे – खेलना ,खाना कूदना , उछलना,आदि इन क्रियाओं की पहचान करवाई जाएगी ,किसी एक क्रिया पर पंक्तियाँ बोलने के लिए प्रोत्साहित किया जायेगा।



Writing Readiness Activities

- Origami, Building Blocks, Clay Modelling with Rolling Pin, Grasping, Picking up small objects specifically with pincer grip & tripod grip.



- Tong activities, Lemon squeezing, squeezing with a medicine dropper.



- Pattern writing

- Tracing Straight & Slanting lines

- Tracing in air, sand and on paper.

- Stirring and mixing.



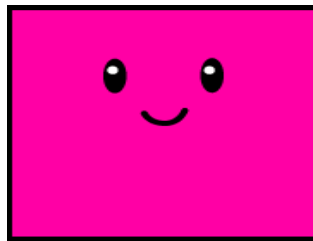
- Montessori Apparatus-

Sand paper Letters



Blocks & Maths

- **Sorting Activities**
- **Pairing Activities**
- **Pre-Number Concept -Tall/Short**
- **Shape -Square**



- **Knowledge of Patterns - Clockwise, Anticlockwise**
- **Recognition of numbers-1, 2, 3**
- **Correlation of numbers with objects**
1, 2, and 3
- **Oral counting- 1 to 5**
- **Montessori Apparatus**



Cylinder Blocks

Pink Tower

Sand Paper Numbers



Fine Motor Skills

- Tearing and Pasting in Clouds and Water Droplets
- Vegetable printing
- My Activity Book- • Row, Row Your Boat (Pg 8), Fun with Crayons (Pg 12)



Gross Motor Skills

- Fun with lines-Jump, walk, hop, and skip on floor sketch of letters



Creative Expression

- Collective collage making

Montessori Apparatus

- Colour Tablets-1
- Practical Life Activities

Velcro frame

How to give pointed things





Celebrations & Events

Beat the Heat (Ice Cream Craft) -

Friday, 7th July 2023

I can Sense Everything -

Friday, 21st July 2023





KEEP

going

KEEP

growing