



S.NO	MONTH	THEME	THEMES/TOPICS TO BE COVERED
			PS II
1	APRIL (WEEK I TO III)	ALL ABOUT MYSELF (मेरी कहानी)	<ul style="list-style-type: none"> ● Family Tree ● Healthy Me ● Manners and Etiquette Safety at Home & School <ul style="list-style-type: none"> ● My Favourites (objects, family members, friends, relatives, celebrities, singers, sportsmen/woman /cartoon characters etc.) Knowing them as role models for their good work. ● Keeping my body safe by differentiating between Good Touch and Bad Touch
			LANGUAGE & LITERACY Reading Readiness Activities Facilitator to enhance the Preschooler's active vocabulary with the following: Conversing with the class group by using these words meaningfully & frequently. Theme related vocabulary: hygiene, cleanliness, siblings, together, grandfather, grandmother, self-care, etc. <ul style="list-style-type: none"> ● Picture book reading (Moving fingers from left to right and top to bottom). ● Reading two letter words- at, in, on, up etc. ● Sight words- big, small, strong Letter & sound recognition and related vocabulary: Concretize letter recognition with the help of a variety of experiences like air tracing, tray tracing, and interactive panel activities. Remember & remind yourself to go from simple to complex words while teaching letter

			<p>related vocabulary.</p> <ul style="list-style-type: none"> ● Revision of all the previously learnt letters ● Letter Xx: X-ray, X-mas tree, xylophone, etc. ● Letter Nn: nest, nut, nib, napkin, nose, net, nine, neck, nephew, nectar, necklace, number, naughty, nails, etc. ● Letter Mm: monkey, mat, mouse, machine, mickey, mountain, music, magic, muffin, map, mango, milk, moon, mushroom, magnet, etc. ● Letter Zz: zebra, zoo, zip, zig-zag, zero, zucchini, zoom, Ziploc, etc. <p># Concrete experiences should be given to the children for recognition of letters before they begin to write using pencils.</p> <p><u>Montessori Apparatus-</u> Sand Paper Letters</p> <p>Writing Activities</p> <ul style="list-style-type: none"> ● Development of postural control based on simple exercises ● Writing all the previously learnt letters using pencil ● Writing letters Xx, Mm, Nn, Zz
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			<p>HINDI LITERACY</p> <ul style="list-style-type: none"> • शब्दावली -स्वभाव, परिवार, शहर, दवाई, पसंद, वस्त्र, खिलौने, सेहत, सावधान, रिश्तेदार, आदि । <p>इन शब्दों को नियमित रूप से क्रियाओं द्वारा बच्चों के सक्रिय शब्द कोष में प्रयोग करवायें ।</p> <ul style="list-style-type: none"> • व्यंजनों की पुनरावृत्ति • मौखिक ध्वनि विश्लेषण - न, ग, ल, र, स, ट • लिखित अभ्यास - न, ग, ल, र, स, ट • दो अक्षर वाले शब्दों को लिखने का अभ्यास । <p># स्वर एवं वर्ण संबंधित आयु - अनुरूप विख्यात शब्दावली एकत्रित करके बच्चों तक पहुँचाना शिक्षिका का ध्येय रहेगा ।</p> <p>Montessori Apparatus- Hindi Movable Box I & II , चल अक्षर माला पेटी</p> <p>NUMERACY</p> <ul style="list-style-type: none"> • Odd one out • Pre- number concept: In/Out, Heavy/Light • Number games • Days of the week • Oral counting- 1 to 20 • Recognition of numbers 11 <p>-15</p> <ul style="list-style-type: none"> • Writing of numbers 1-15 <p>Montessori Apparatus- Revision of cards & shells</p>
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	Behavioural skills		<ul style="list-style-type: none"> ● Smell, listen, taste, see & feel consciously; hygiene & caring for sense organs & other body parts. ● Shloka Uchcharan with proper diction- Special reference to Panchakoshas (Smriti Kosha) ● Poise - 'Silence Lesson' (Arrival & Dispersal)
	Seva		<ul style="list-style-type: none"> ● Awareness & seva to self ● Smile & be happy for yourself & others ● Namaskar ● "Touch/Hug/Kiss Me Not" ...if I don't permit ● Self-help skills-Pack your bag, take care of belongings, dressing-up etc. ● Politeness
	Value		<ul style="list-style-type: none"> ● Helping & sharing ● Helping my friends, family & anyone in need
	Project /Experimental learning (collaboration)		<ul style="list-style-type: none"> ● Being mannerly
	Prasar:		<ul style="list-style-type: none"> ● "My clean self"
2.	April Week IV to May Week II	Aam aur Paani ki Bahaar ki Garmi	<ul style="list-style-type: none"> ● Seasons in India - the 'Cycle' (Summers, Rains, Autumn, Winter, Spring). ● Concept of Hot/Cold Air ● Self-care & care for all forms of life in extreme summers (thus, summer vacation). ● Longer days/Shorter nights in Summers ● Importance of Indoor Games, Healthy screen time & family time (related to longer

			<p>days)</p> <ul style="list-style-type: none"> ● Summer clothing & accessories ● Role of water in summer season (bathing for freshness, swimming, healthy cold drinks, refreshing food forms & varieties in summers) ● Summer fruits & vegetables ● Making food & water available for stray animals & birds <p>Summer vocabulary: Juicy, sweating, dryness, sunshine etc.</p>
	Behavioural Skills:		<ul style="list-style-type: none"> ● Observation of the natural elements/environment (sun, duration of day & night)
	'Seva'		<ul style="list-style-type: none"> ● Compassion for all living beings
	Prasar		<ul style="list-style-type: none"> ● 'Summer Season & Water'

EVENTS OF THE MONTH

- Welcome Activity (Hanging Photo Frame)
- Sensory Garden
- Miniature Garden (International Earth Day)
- Together We Rhyme (Rhyme Recitation)
- World health and hygiene Day (First Aid Kit making)
- Expressions
- Little Crown Champ (Tiara making)