

S. No.	MONTH	THEME	THEMES/TOPICS TO BE COVERED
			PS I
1	APRIL (Week I to III)	All about Myself (मेरी कहानी)	<ul> <li>Myself - name, age, gender, class, school, how do I commute to school, my contact details, etc.</li> <li>My likes and dislikes</li> <li>My family (members in my family) My Body - how I appear, I love myself</li> <li>Body Parts (face, large muscles, fine muscles &amp; sense organs)</li> <li>Keeping my body safe from injuries</li> <li>Keeping my body safe by differentiating between Good Touch and Bad Touch</li> <li>Reading Readiness Activities</li> <li>Facilitator to enhance the preschooler's active vocabulary with the following:</li> <li>Conversing with the class group using these words meaningfully &amp; frequently.</li> <li>Theme related vocabulary: I, me, myself, mine, father, mother, family, brother, sister, younger, elder, uncle, aunt, love, etc.</li> <li>Writing Readiness Activities</li> </ul>
			<ul> <li>Development of postural control</li> <li>Simple outdoor activities - running, hopping, jumping for the growing chil'd well-toned large muscles to support &amp; enhance fine muscle coordination.</li> <li>Crumpling, clay squeezing, throwing, catching - specifically for fine muscles.</li> <li>Skills to improve sensorial perception (printing activities like finger printing, vegetable printing).</li> <li>Other activities to enhance fine motor skills in collaborative small groups like, shelling</li> </ul>

	<ul> <li>vegetables-peas, corns, etc.</li> <li>Activities to enhance self-help skills like self-feeding, self-dressing, and self-grooming.</li> <li>Scribbling using crayons on different surfaces.</li> <li>Coloring activities</li> </ul>
	HINDI LITERACY
	<ul> <li>शब्दावली - गर्मी, कुल्फी, गरम, पसीना, चाय, रस, सिर, कंधे, बाजू, पैर, हाथ, होठ, आंख, कान, बाल, दोस्त, इत्यादि।</li> </ul>
	इन शब्दों को नियमित रूप से क्रियाओं द्वारा बच्चों के सक्रिय शब्द कोष में प्रयोग करवायें ।
	NUMERACY
	<ul> <li>Sorting and pairing activities</li> <li>Pre-number concept: Big/Small</li> <li>Shape-circle</li> <li>Knowledge of patterns-straight line (standing lines)</li> <li>Oral counting - 1 to 5</li> <li>Recognition of number 1</li> </ul> Montessori Apparatus- Pink Tower, Sand paper number
Behavioural Skills	<ul> <li>Smell, listen, taste, see &amp; feel consciously; hygiene &amp; caring for sense organs.</li> <li>Poise - 'Silence Lesson' (Arrival &amp; Dispersal)</li> </ul>

		'Seva'	<ul> <li>Awareness &amp; seva to self.</li> <li>Namaskar</li> <li>"Touch/Hug/Kiss Me Not"if I don't permit. Taking turns &amp; playing together, managing/using tiffin boxes/water bottles/cloth or tissue napkins</li> </ul>
		Value : Project / Experiential learning (Collaboration):	<ul> <li>Helping &amp; Sharing</li> <li>Helping my friends, family &amp; anyone in need</li> <li>Sharing</li> <li>'Clothes I wear'</li> </ul>
		Prasar:	Story Creation - 'Good
2.	April Week IV To May Week II	Aam aur Paani ki Bahaar ki Garmi	<ul> <li>Seasons (simple conceptualization)</li> <li>Summer - the feel of hot air, integration with the effect of extreme heat on different life forms</li> <li>Importance of water and concept of thirst</li> <li>Summer gadgets</li> <li>Simple conceptualization of summer clothing, summer fruits</li> <li>Summer vocabulary:</li> </ul>
		Behavioural Skills:	

	Accepting & dealing with extreme weather
'Seve'	
	• Hygiene & self-care
Prasar	
	'Aam'
Story	
	We are unique
	• मेरी कहानी
Rhymes	
	God's Love
	Clap your hands
	Hop a little
	Ten little Fingers
	• 1,2 Buckle my shoe
	• Sweet me
	• हे भगवान
	• अहा टमाटर
	• अच्छे बच्चे
	<ul> <li>आलू बोला</li> </ul>
	<ul> <li>आलू बोला</li> <li>गर्मी आई</li> </ul>

Events of the month	<ul> <li>Red colour Day</li> <li>Yellow colour Day</li> <li>Baisakhi Celebration</li> <li>Earth Day</li> <li>Blue colour Day</li> <li>Dental Hygiene Day</li> <li>Expressions</li> <li>Mothers Day</li> </ul>