



Bal Bharati
PUBLIC SCHOOL
(An Institution of the Child Education Society (Regd.) Delhi)
BRIJ VIHAR, GHAZIABAD

MONTHLY PLANNER


PRESCHOOL

APRIL & MAY



**ALL ABOUT MYSELF &
SUMMER SEASON**

I'm small and full of glee,
All about myself, is the key!
I dance, I sing, I love to play,
In my world, it's a fun-filled day!



"All About Myself" is an enriching theme for the beginning of the school year, aimed at helping students embrace their uniqueness and fostering a sense of confidence and belonging in the classroom. Here are some engaging activities to encourage children to discover what makes them special and celebrate their individuality alongside their classmates.

VALUES OF THE MONTH

Let's share the virtues of compassion and aiding others. Guiding children to be kind makes them caring adults who help others. Helping others brings happiness and makes the world better.

Helping hands, kind and true,
Sharing toys, me, and you.
Friends and family, by our side,
Together we spread joy wide!



BEHAVIORAL SKILLS

- Smell, listen, taste, see & feel consciously; hygiene & caring for sense organs.
- Poise – ‘Silence Lesson’ (Arrival & Dispersal)
- Accepting & dealing with extreme weather.



SEVA

- Awareness & seva to self.
- Namaskar
- ‘Touch/Hug/Kiss Me Not’ ...if I don’t permit.
- Taking turns & playing together, managing/using tiffin boxes/water bottles/ cloth or tissue napkins.
- Hygiene & self-care



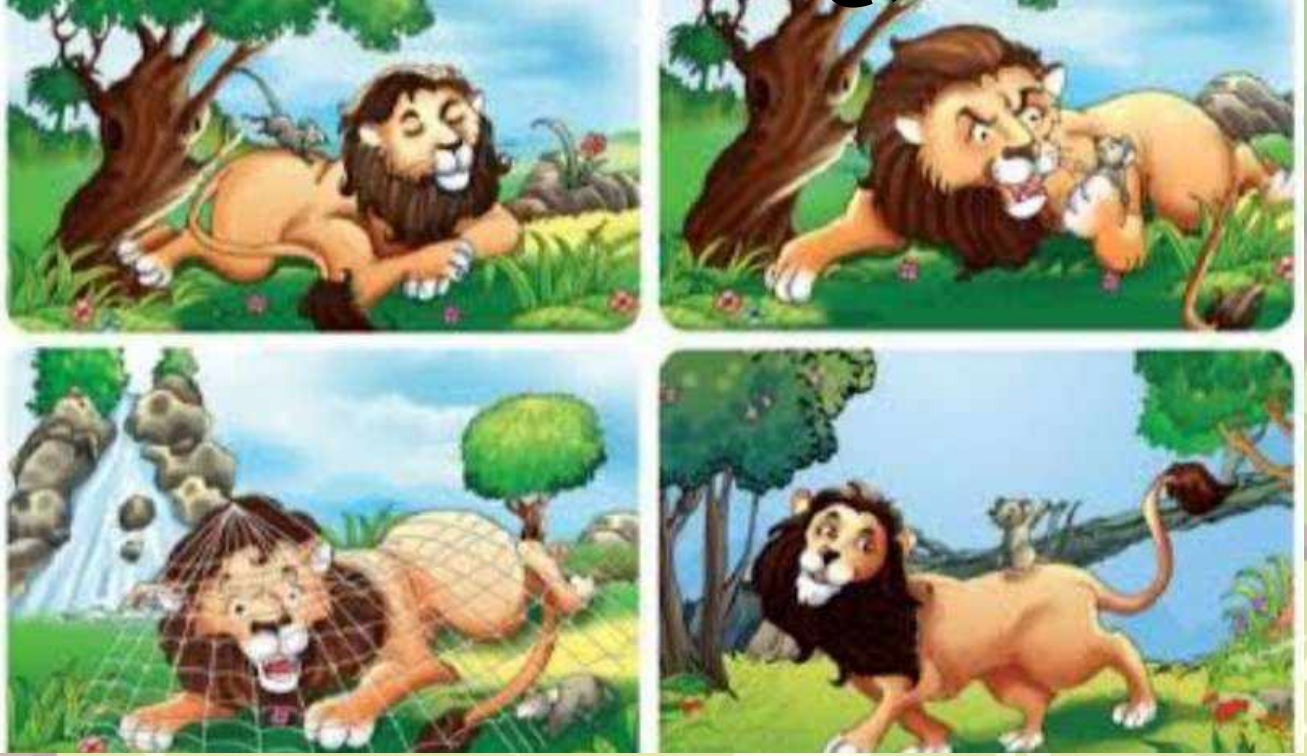
PRASAR



Story Creation –

‘I am Good Girl/Boy’... शेर और चूहा , Thirty Crow
Capture the imagination of the children by skillfully weaving the story provided every month, creating a captivating narrative that will set the tone for an enriching learning journey.

शेर और चूहा



एक जंगल में एक शेर पेड़ के नीचे सो रहा था।
एक चूहा उस की पीठ पर कूदने लगा। शेर की नींद खुल गई।
शेर ने अपने पंजो में चूहे को दबोच लिया और बोला, "मैं तुझे
खा जाऊँगा"।

चूहा डर गया और बोला, "महाराज! मुझे माफ कर दो, मैं आपके
काम आऊँगा"। शेर ने उसे छोड़ दिया।

कुछ दिन बाद जंगल में शिकारी ने जाल बिछाया। शेर जाल में
फँस गया और जोर- जोर से दहाड़ने लगा।

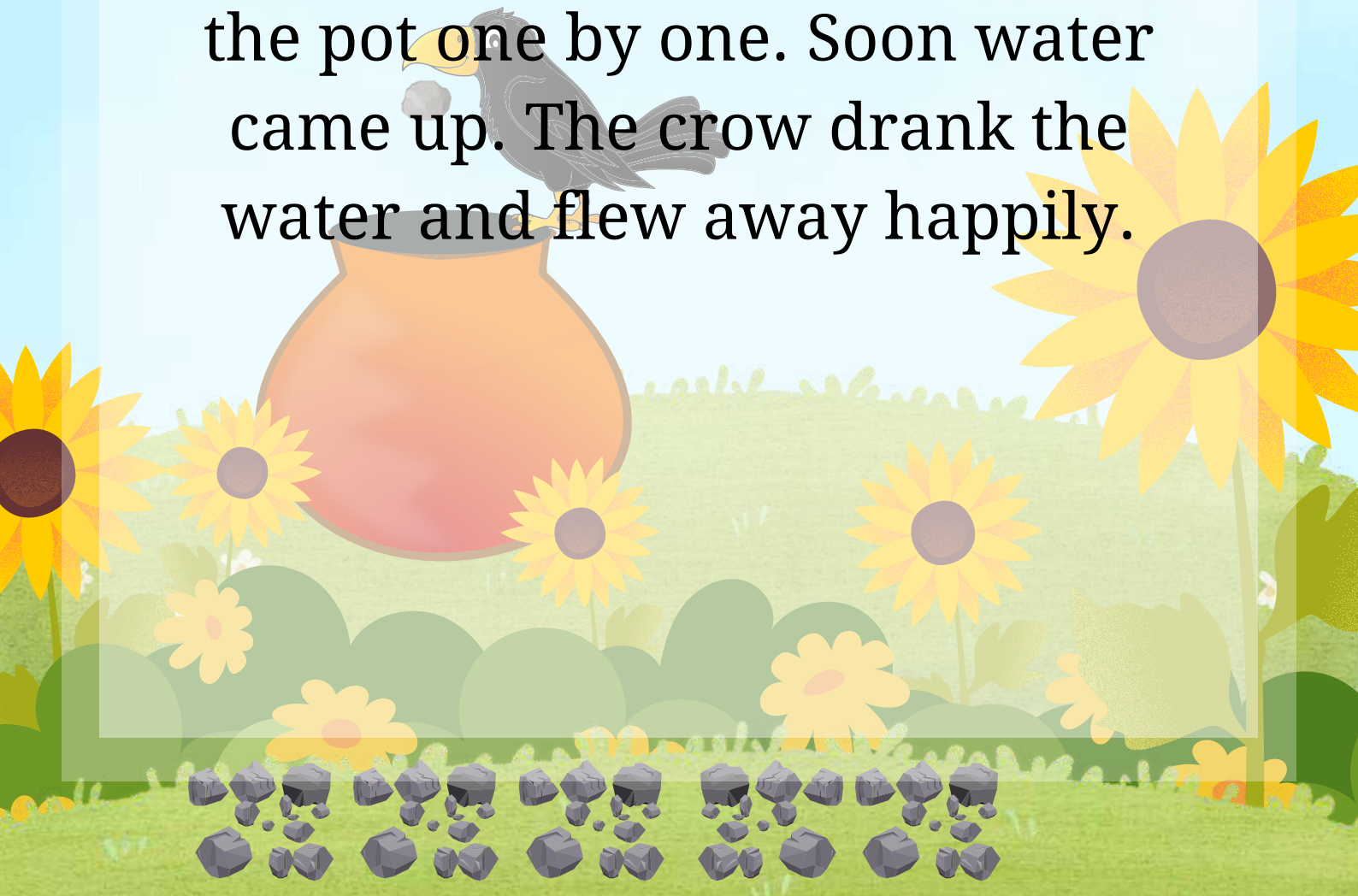
चूहे ने शेर की आवाज़ सुनी और उसकी मदद के लिए चल पड़ा।

उसने अपने तेज़ दांतों से जाल काट दिया।

शेर और चूहा अच्छे दोस्त बन गए।

THIRSTY CROW

On a very hot summer day, a crow was very thirsty. It was searching for water here and there. At last, It saw a pot of water. But there was very little water in the pot. It collected some stones and dropped the stones in the pot one by one. Soon water came up. The crow drank the water and flew away happily.



RHYMES

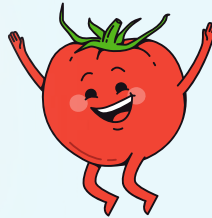
ENGLISH RHYMES



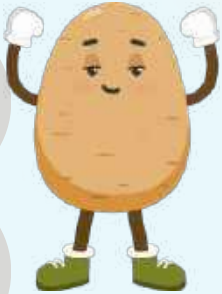
- God's Love
- Clap your hands
- Hop a little
- Ten Little fingers
- 1, 2 Buckle my shoe
- Sweet me



हिंदी कविता



- हे भगवान
- अहा टमाटर
- अच्छे बच्चे
- आलू बोला
- गरमीआई



LANGUAGE & LITERACY

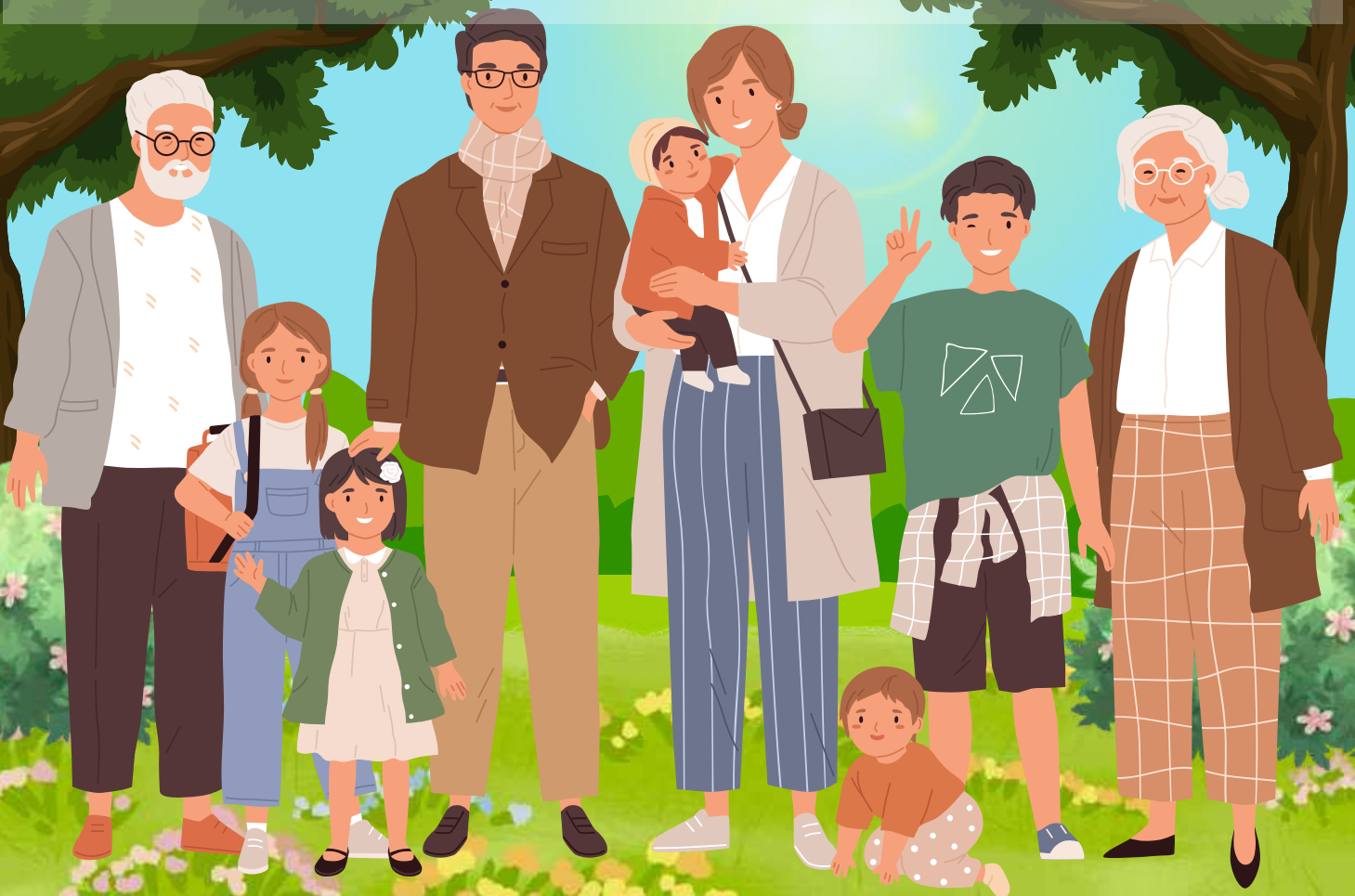
- **Myself - name, age, gender, class, school, how do I commute to school, my contact details, etc.**
- **My likes and dislikes**
- **My Family (Members in my family)**
- **My Body – How I appear, I love Myself**
- **Body Parts (face, large muscles, fine muscles & sense organs)**
- **Keeping my body safe from injuries**
- **Keeping my body safe by differentiating between Good Touch and Bad Touch**
- **Seasons (simple conceptualization)**
- **Summer vocabulary**
- **Summer – the feel of hot air, integration with the effect of extreme heat on different life forms**
- **Importance of water and concept of thirst**
- **Summer gadgets**
- **Simple conceptualization of summer clothing, summer fruits**
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READING READINESS ACTIVITIES

To enhance the child's active vocabulary with the following:

- **Conversing with the class using theme related vocabulary.**
- **Theme related vocabulary: I, me, myself, mine, father, mother, family, brother, sister, younger, elder, uncle, aunt, love, etc.**



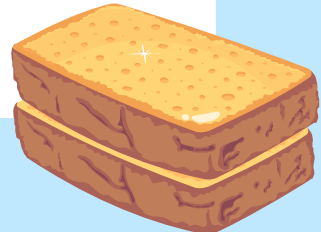
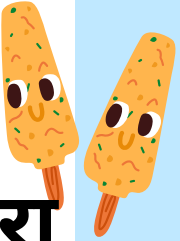
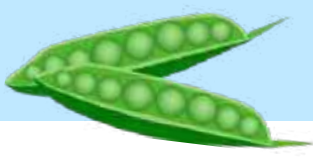
WRITING READINESS ACTIVITIES

- Development of postural control
- Simple outdoor activities - running, hopping, jumping for the growing child's well-toned large muscles to support & enhance fine muscle coordination.
- Crumpling, clay, squeezing, throwing, catching – specifically for fine muscles.
- Skills to improve sensorial perception (Printing activities like finger printing, vegetable printing).
- Other activities to enhance fine motor skills in collaborative small groups like, shelling vegetables - peas, corns, etc.
- Activities to enhance self-help skills like self-feeding, self-dressing, and self-grooming.
- Scribbling using crayons on different surfaces.
- Coloring activities

HINDI LITERACY शब्दावली

गर्मी, कुल्फी, गरम, पसीना, चाय, रस, सिर,
कंधे, बाजू, पैर, हाथ, कान, बाल, दोस्त, इत्यादि

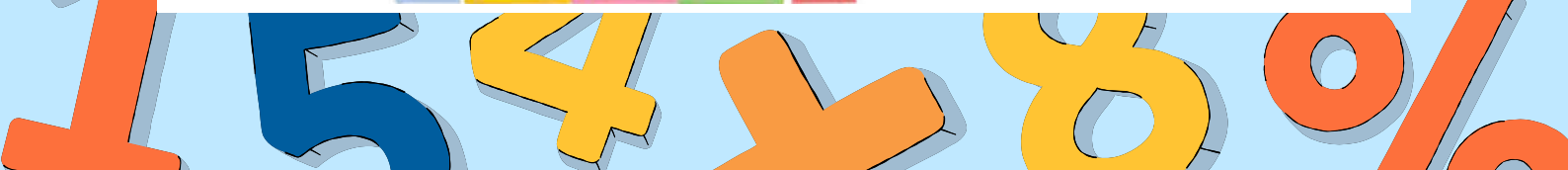
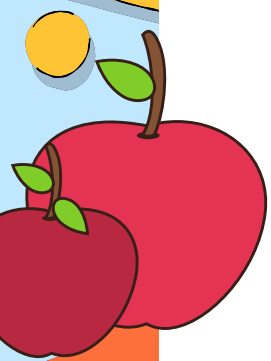
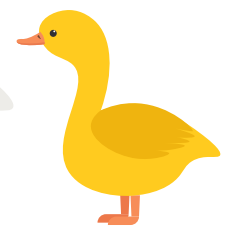
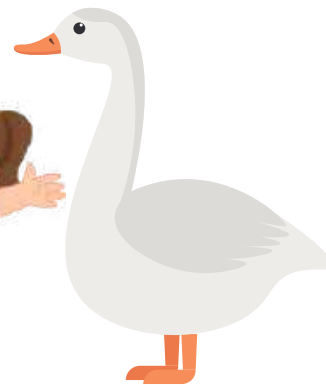
इन शब्दों को नियमित रूप से क्रियाओं द्वारा
बच्चों के सक्रिय शब्दकोष में प्रयोग करें





NUMERACY

- Sorting and pairing activities
- Pre -number concept: Big/Small
- Shape -Circle
- Knowledge of patterns straight line (standing lines)
- Oral counting- 1 to 5
- Recognition of number 1
- Montessori Apparatus-
- Pink Tower
- Sand paper number





EVENTS & CELEBRATIONS

**YOU'RE WELCOME
(WELCOME CARD)**

5th April 2024

**LITTLE LADY BUG
(RED COLOUR DAY)**

12th April 2024

**HELLO! HELLO, I AM
YELLOW
(YELLOW COLOUR DAY)**

19th April 2024

**MY PLANET, MY HOME
(EARTH DAY)**

22nd April 2024

**FEED THE SHARK
(BLUE BASKET RACE)**

26th April 2024