



# सुनहरा SAVERA

## INTERACT CLUB NEWSLETTER



### PRINCIPAL'S MESSAGE

The Interact Club, with its commitment to service and community engagement, has been a beacon of inspiration within our school. The dedication towards making a positive impact on the lives of others is truly commendable and reflects the core values we aim to instill in every student of our institution. The power to effect change lies within each one of us.



Whether it's through organizing fundraisers, volunteering at local charities, or spearheading awareness campaigns, our actions ripple far beyond the school walls. The motive is to encourage the students of Bal Bharati Parivar to become the ambassadors of goodwill and positive change.

Throughout the year, we have witnessed the Interact Club's dedication towards making a meaningful difference in the lives of others. I want to express my deepest appreciation to the advisors, mentors, and all those who have supported the Interact Club in its endeavors. Their guidance has been instrumental in shaping the club's initiatives and nurturing the leadership qualities of its members.

**SWAPNA NAIR**  
PRINCIPAL

## VICE-PRINCIPAL'S INSIGHTFULNESS

'A kind gesture can reach a wound that only compassion can heal.' - Steve Maraboli

As we reflect on the purpose of our Interact Club, let us remember that its true power lies in the collective efforts of each member. It is a space where ideas flourish, friendships are forged, and a sense of civic duty is instilled. I encourage every member to approach their roles with enthusiasm, dedication, and a genuine desire to make a lasting impact.



The Interact Club plays a pivotal role in nurturing a culture of empathy and understanding. By working together on diverse projects, our students learn to appreciate the rich tapestry of human experiences and the importance of unity in creating positive changes. Our school club has organized various campaigns to assist the people in need and still looks forward to organizing many more compassionate acts in the forthcoming session as well. I applaud the generous effort of the students and the team leaders without which it would not have seen such a success.

**HITESH TIWARI**  
**VICE PRINCIPAL**

## CLUB COORDINATOR'S MESSAGE



Central to our mission is the development of leadership skills among our members. Through hands-on experiences, project management, and collaboration, the Interact Club provides a platform for students to cultivate essential leadership qualities that will serve them well in all facets of life.

Our projects extend beyond the school gates, reaching into the heart of our local community. We believe in making a difference in the lives of those around us. Additionally, we're excited to explore global connections with other Interact Clubs worldwide, fostering cultural exchange and a shared commitment to creating positive change.

For the upcoming session we have a diverse array of service projects lined up, addressing a range of social, environmental, and educational issues. From organizing fundraisers for local charities to implementing eco-friendly initiatives within the school, each project reflects our dedication of making a tangible impact.

**RENU DUGGAL ARORA**  
**CLUB COORDINATOR**

# INTERACT CLUB TEAM MEMBERS

Interact Club plays a vital role in empowering young people to become compassionate leaders and engaged citizens who are dedicated to serving their communities and making a positive impact on the world. By fostering leadership skills, promoting service initiatives, and fostering global citizenship, Interact Clubs provide a transformative experience that shapes the future leaders of tomorrow.



**MS. SANDHYA RANJAN KUMAR**



**MS. NISHU SAINI**

Interact club provides many opportunities and skills for students to engage in meaningful community service projects, develop leadership skills and make a positive impact in their communities. Students also learn the value of teamwork, empathy and social responsibility.

The Interact Club not only strengthens students' values but also instills in them a sense of responsibility as agents of change in society. Through various experiences, they learn compassion, empathy, and kindness, ensuring they don't take their privileges for granted but understand their role in social transformation.



**MS. POOJA SINGH**



**MR. PRABHAT DANGI**

Interactors learn the importance of developing leadership skills and personal integrity, demonstrating helpfulness and respect for others, and advancing international understanding and goodwill. Members of the club help to develop and carry out a wide variety of service projects.

# INTERACT CLUB TEAM MEMBERS

Interact club energizes and inspires young leaders to become responsible citizens. It encourages them to become a philanthropist.

We always try to inculcate creative and critical thinking among the students so that they can contribute to a better and brighter tomorrow.



**MS. BHARTI DAGAR**



"Small acts of kindness can have a ripple effect, inspiring others and collectively making a meaningful impact."

**MS. KALPANA MAHESHWARI**



"Spreading kindness, fostering community connections, and supporting positive initiatives can contribute to creating hope in the world."



**MS. TARANJEET KAUR**



**MS. TANYA VERMA**

Interact clubs bring together young people of ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Interact club members have fun while carrying out service projects and learning about the world. It is a Rotary-sponsored service club for young people. It gives young people, such as our high school students, an opportunity to participate in fun and meaningful service projects.



# INTERACT CLUB TEAM MEMBERS

## समाज के हित में हमारा दायित्व

वही पशुवृत्ति है कि आपआप ही चरें,  
वही मनुष्य है कि जो मनुष्य के लिए मरे।  
अर्थात् दूसरों पर उपकार करना, परहित के लिए सोचना यही  
हमारा प्रथम धर्म है। अपने स्वार्थ के लिए जीना अपने ऐश्वर्य की  
चिंता करना पशुवृत्ति है। हमारा कर्तव्य है कि हम दूसरों के काम  
आ सकें। इसका बीजारोपण शिक्षक व अभिभावक को बच्चों में  
बाल्यकाल में ही कर देना चाहिए। जिससे प्रत्येक छात्र में इस  
ज़िम्मेदारी का एहसास रहे कि समय समय पर उनको समाज के  
अभावग्रस्त लोगों की मदद करनी है।



संध्या अरोड़ा  
हिंदी विभाग

इस प्रकार दूसरों के हित के लिए आपका एक कदम ही राष्ट्र हित व समाज हित में एक उचित  
व सराहनीय योगदान होगा।



**MS. GAURIJA SINDHWANI ARORA**

It is rightly said that the world is filled with both happiness and sadness, have and have nots, love and hatred. As a member of interact club, we try to inculcate the habit of empathy, love and kindness towards others. Participation in Interact clubs fosters personal growth by encouraging students to step out of their comfort zones, take on new challenges, and develop important life skills such as teamwork, problem-solving, and time management.



# CEREBRATION BEHIND THE NAME

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**A new horizon itself means starting over after the fall and to see the bright sunlight after the storm!**



**A** new horizon, SUNHERA SAWERA, beckons promising opportunities and undiscovered potentials. The new horizon symbolizes a canvas awaiting the brushstrokes of our aspirations, a realm where innovation, growth, and endless possibilities await.

The community of interact club is an initiative to bring a new hope and a bright sunshine in the lives of those who have never seen the light at the end of the tunnel.

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# CONCEPTION BEHIND INTERACT CLUB

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Interact clubs in schools serve as a platform for students to engage in community service, develop leadership skills, and foster a sense of social responsibility. It organizes and participates in various community service projects, ranging from local initiatives to international efforts. These projects aim to address the needs of the community and make a positive impact on society. This involvement fosters a sense of civic responsibility and helps students understand the importance of contributing to the well-being of society.



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# CONCEPTION BEHIND INTERACT CLUB

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# INORDINATE EFFORT OF INTERACT CLUB IN SESSION 2023-24

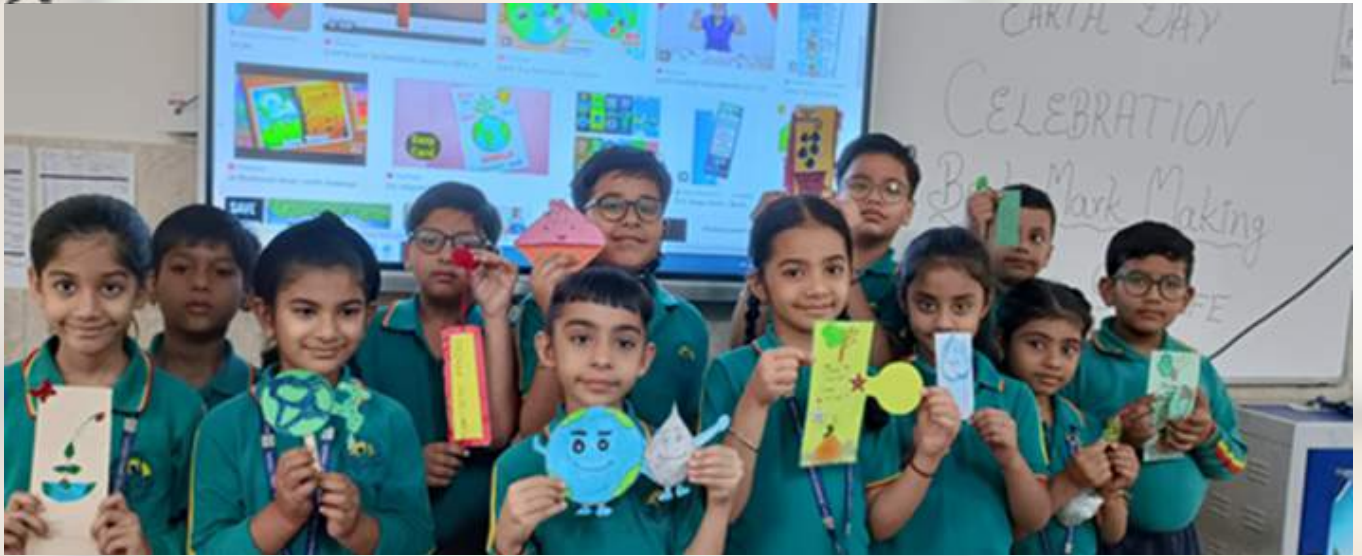
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The Interact Club is not just a club, it's a community of passionate individuals dedicated to make a positive impact. As we are at the threshold of the new session, Interact Club of Bal Bharati Public School, Brij Vihar takes immense pride to share the extravaganza of interact club for the session 2023-24.

Our theme for this session was 'Embracing Change, Igniting Impact'. In a world that constantly evolves, it is our responsibility to not only adapt but also to be the catalysts for positive change. Our team of students has put the great foot forward in showcasing their skills and magnanimity towards the school and the community. In this edition of the newsletter of interact club, join us through the journey of the session 2023-24 and witness the beneficent endeavors of our students that define the academic session and inventiveness of interact club.



# EARTH DAY COMMEMORATION



**" THE EARTH DOES NOT BELONG TO US  
WE BELONG TO EARTH"**





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# INTERNATIONAL YOGA DAY 21 JUNE 2023

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## International Yoga Day



The International Day of Yoga is celebrated worldwide on June 21 every year. This day was officially declared by the United Nations General Assembly in 2014 following a proposal made by India's Prime Minister, Narendra Modi, during his address to the UN. Students and teachers gathered online during the summer break to commence this healthy practice.

The main objective of International Day of Yoga was to promote and raise awareness about the importance of yoga in maintaining a balanced and healthy lifestyle. The school wished to inspire people to embrace yoga and incorporate it into their daily routines for improved physical and mental well-being.



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# PLANTATION DRIVE



Plantation drives provide students with a hands-on learning experience about the importance of trees and plants in the ecosystem. It raises awareness about environmental issues, biodiversity, and the role each individual can play in conservation.



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# VIBGYOR



On 5th of August 2023, Bal Bharati Public School, Brij Vihar organised an event called VIBGYOR where artistic talent of the students was displayed at the forefront.

Interact club pioneered to generate the fund through decorative pots, pencils, coasters, painting, tie and dye dupattas etc which were embellished by the students of interact club and the money generated through it was later invested in the social cause.

# BOX OF JOVIALITY



On 18th of August 2023, the students of interact club gifted the box of happiness to the working staff of the organisation. Creating a "Box of Happiness" was a wonderful and meaningful activity for the students. This project allowed them to reflect on and gather items that hold personal value and contribute to their overall well-being.

This activity ingrained the habit of sharing and respecting people from all the stature and be regardful and thankful for their contribution in our lives.



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# JOY OF GIVING



***"There are many things in the world that can make us smile but nothing beats the invaluable joy of making someone happy."***

Soaking in the spirit of sharing is caring, Bal Bharati Public School, Brij Vihar celebrated 'The Joy of Giving' Week from 9th of October to 13th of October. The students and parents of BBPS, Brij Vihar contributed second- hand reusable items of clothing, books, toys, educational games, shoes, bed sheets, utensils, and footwear. All the items collected were sent to 'Goonj head office' at Sarita Vihar, Delhi to be distributed amongst the ones who need it more than us. The 'Joy of Giving' Week is an event at the school celebrated with a lot of enthusiasm, reflecting the spirit of empathy and generosity of the students, teachers, and parents alike. This gives everyone an opportunity to reach out to less privileged people with their acts of kindness.





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# CARE FOR CAREGIVERS



**Interact Club of Bal Bharati Public School, Brij Vihar organized an activity named "Care for Caregivers" on 9th October 2023. The "Care for Caregivers" was an educational initiative designed for students in Grades 6 to 8. The objective of this activity was to engender the empathy and consideration for the caregivers of the society, whose work should not go unnoticed and should be appreciated by the masses.**



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# MISSION SHAKTI



Teaching school students about women's safety is crucial to empower them with knowledge and skills to create a safe and respectful environment for everyone. On the occasion of Shardiya Navratri, the government had launched the 'Mission Shakti Program' to spread awareness of girls and women's safety and respect.

Thus, to attain the objective of Mission Shakti, Bal Bharati Public School, Brij Vihar organized various activities for the middle department.

Students of class VI made posters displaying the need to make a safer and respectful environment for the women.





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# SPREADING THE FESTIVE CHEERS



**' In the flicker of a diya, find peace and serenity'**

The students of Interact club were drenched in the feeling of exuberance to celebrate the festival of light, happiness, sharing and goodness. They participated in 'Diya Decoration' and 'Toran Making' activities and spread the festive cheer.

The craft drafted by the students of BBPS, Brij Vihar was distributed as an act of kindness and to illuminate the life of others, especially to the have nots of the society. This infused the students with the convention of spreading the festive cheers and brighten the life of others.





# RECYCOVATION

GO GREEN



The 3 Rs typically refer to Reduce, Reuse, and Recycle, and teaching their usage serves several important purposes related to environmental conservation and sustainability. The emphasis on reusing items encourages people to find alternative uses for products, extending their lifespan.

Students chose one R out of the 3 Rs- Reuse, Recycle and Reduce. They spoke about the features and benefits of the chosen R. They used various methods such as role play, storytelling, interactive demonstration, etc. to make the presentation more engaging and interesting. Students dressed up accordingly and carried relevant props.

Reduce  
Reuse  
Recycle

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# INSTALLATION CEREMONY



Under the aegis of the Rotary Club, Bal Bharati Public School, Brij Vihar held installation ceremony of Interact Club on 30th September, 2023. The Chief guest Mr. Rajat Gupta, President Rotary Vivek, Secretary Mr. Rajesh Aggarwal and other Rotarians from the Parent Rotary Club graced the occasion. The dignitaries pinned badges on the office bearers collars. Dance students also presented a beautifully choreographed dance. Words of grace shared by Mr. Rajat Gupta and Mr. Rajesh Aggarwal highlighted the good work done by the school. Respected Principal encouraged the students to thrive higher and to walk on a moralistic path with utmost grace.



# SWACHH BHARAT



The Swachh Bharat Abhiyan, launched by the Government of India, is a nation-wide cleanliness mission aimed at achieving a clean and hygienic India. Bal Bharati Public School, Brij Vihar, actively participated in this campaign by organizing various cleanliness activities within the school premises.

The primary objective of our Swachh Bharat activities was to instill a sense of responsibility and awareness regarding cleanliness among students, staff, and the broader community.

The rally was organized by the students of BBPS, Brij Vihar motivating others to keep the whereabouts neat and tidy.

Not just they spread the awareness through the rally that they took across the school premises, but they also joined their hands together to clean the surroundings of the school.

The cleanliness drive was a self-driven initiative as the students are aware about the hygiene of our environment and how that correlates with the health of humans and animals around us.

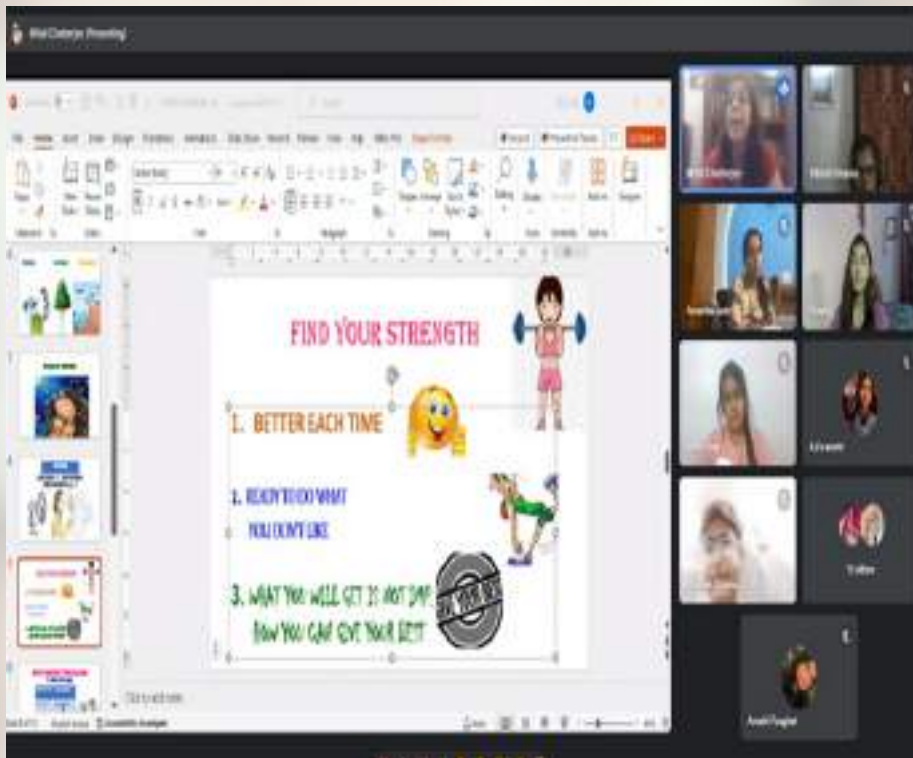
Students collected garbage from the school and its surroundings, and they also brought several placards to show their commitment to such a good cause.





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# WEBINAR ON MENTAL HEALTH



A webinar on mental health empowerment was organized by the interact club. The purpose of giving a workshop on mental health can be multifaceted, aiming to address various aspects related to mental well-being.

The resource person, Ms. Mitali Chatterjee addressed the students about the anxiety and stress that they face in their day-to-day life and how it would worsen if remain hidden from their guardians. She also dispelled myths and reduced stigma surrounding mental health conditions.

**Mental  
health  
matters**



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# ROAD SAFETY WORKSHOP



The Workshop on Road Safety for Students was conducted at Bal Bharati Public school, Brij Vihar. The event aimed to raise awareness among students about the importance of road safety and equip them with knowledge and skills to become responsible road users.

The resource person, Ravi kumar Sharma, guided the young students about the necessity to safeguard ourselves as well as people around us. They explained about the rules that we need to follow as a four-wheeler driver, two-wheeler rider, or a pedestrian. Students also enacted certain roles in order to explain the rules one needs to follow while on the road. The Workshop on 'Road Safety' for students played a crucial role in enlightening young minds about the importance of responsible road behavior. By imparting knowledge and fostering a sense of responsibility, the workshop aimed to contribute to the creation of safer road environments for all.





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# ANTI-CORRUPTION ZEAL



Teaching anti-corruption norms to students serves several important purposes, contributing to the development of responsible and ethical citizens.

As a strong step towards making our future generation aware about corruption, the government launched the Vigilance Awareness Week (VAW) in the month of October. The students of class VI participated in activity- 'Say no to corruption, commit to the nation'. Students had written slogan on the given topic. The activity was very engrossing, and all students participated actively. Students learned to follow the moral ethics and be a vigilant member of society.





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# SHARING IS CARING



Bharatpuria Shiksha Samiti is a budding Ghaziabad-based NGO established in the year 2006 to fulfil the needs of underprivileged and desperately poor and abandoned children. The students of interact club visited the ashram with numerous refreshments and abundance of love to spread amongst these children. They not only disturbed the refreshments but also played and grooved with the children of the organization.

The purpose of this visit was to gain insights into the daily operations of the orphanage, to engrain the seed to empathy and love for the have nots of the society.



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# VISIT TO THE OLD AGE HOME



15 students and 2 teachers visited AASHRAY STHAL on 4 November 2023. The purpose of this visit was to make the students realize their social responsibilities towards senior citizens. Such visits also activate the student's thought process to realize the agony and pain which the people go through in their old age while living away from their dear ones. The visit intended to teach them how to interact with the elderly who may have poor hearing and understanding along with other health problems as a result of old age.

Our students with high enthusiasm and conviction to contribute their best during their visit. The students interacted with the residents at the Old Age Home and lovingly served them fresh fruits, medicines and other refreshments.

Thus, the visit to the Old Age Home concluded with loads of warmth and showers of blessings extended from the elderly towards our team of students and faculty members.



# RECYCLING THE WASTE



The students of Bal Bharati, Brij Vihar collected the waste papers and newspaper from the school premises, which not only helped the organisation to clean its surrounding but also made the students aware about the need to recycling the waste products to protect our environment from further degradation.

The purpose of this initiative was to instill environmental awareness, responsible waste management, and sustainable practices among the students.





# CHILDREN'S DAY



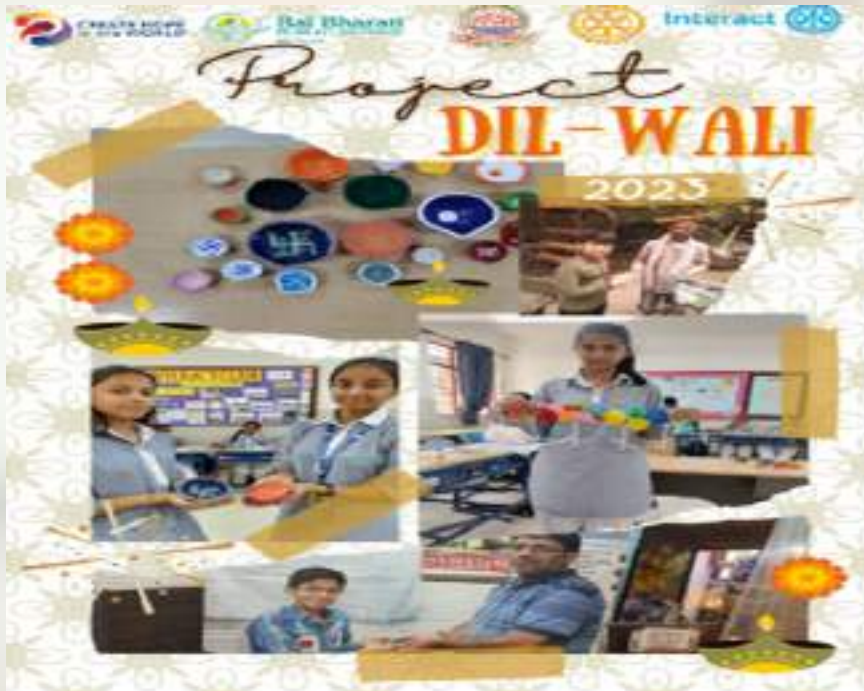
The students of our school's primary department celebrated Children's Day with local NGO children of Bal Utthan Vidhyalaya, Brij Vihar, Ghaziabad, Uttar Pradesh. Our school students represented a cultural program including poem recitation, dance etc. for NGO children.

NGO children were also welcomed to perform on the stage. As a gesture of love and care, our students contributed and presented some gifts to our guests from the NGO.



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# DIWALI- DIL- SE



The idea of celebrating 'Diwali dil-se'. It endeavors to illuminate the profound significance of Diwali, which truly resides in the love and warmth it embodies. The students of interact club decorated diyas and made torans to be given to the underprivileged people of our society.

The students learnt that decorating and illuminating our own houses isn't enough. We, as the members of this society, need to eradicate and uplift the darkness from other people's life as well. They also spread the awareness of not bursting crackers as it ruins our own environment.





# BLOOD DONATION CAMP



We are elated to share the success of the blood donation camp organized by Bal Bharati Public School, Brij Vihar. This event, organized in collaboration with The Rotary Club, aimed to promote awareness about the importance of blood donation and contributed to the noble cause of saving lives. We were overwhelmed by the enthusiastic response from our school community, including students, parents, and staff members. The event witnessed a large turnout, with 90 individuals generously volunteering to donate blood. The donated blood will be used to support medical treatments, surgeries, and emergencies in our local community. As a school, we are committed to instilling values of empathy and social responsibility in our students. The success of this Blood Donation Camp serves as a testament to our collective commitment to making a positive impact on society.





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# BEST OUT OF WASTE-WORKSHOP



The Interact Club organised an activity of drawing best out of the waste papers and the methods to re-use the disposed paper again. This initiative aimed to raise awareness about the importance of reducing paper waste and to educate our school community on creative ways to repurpose and reuse paper materials. The workshop commenced with informative presentations on the environmental impact of paper waste, emphasizing the significance of adopting eco-friendly practices. Students gained insights into the life cycle of paper products and their role in deforestation.

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# HUMANITARIAN HOPE

Under the aegis of the Gift of Hope program, students of classes VI to XII contributed stationery material for the underprivileged children. The stationery material was distributed to the children of 'Sai Bal Sansar', Noida on 14th December 2023. 22 students from classes VI to VIII were part of the activity. Our students interacted with the children at the centre, offered them tips on health and hygiene, played games, created charts & posters and helped them to open up and talk about their experiences.





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# MARATHON RUN FOR GREEN DIL

Students of interact club and 1 teacher participated in the Marathon Run For Green-Dil Se organized by the Rotaract club of Delhi, Pegasus and Steel Authority of India Limited. The marathon was of 6km in the Connaught place area.

This marathon wasn't just about crossing the finish line, it was about running with a purpose. Interactors had run for a greener healthier and more sustainable world.

Students became aware of their social responsibility and their duties towards the community.



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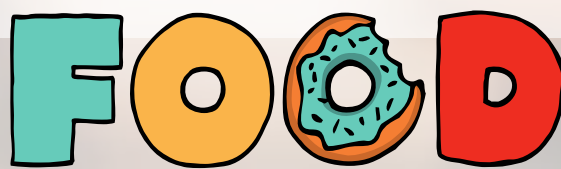
# FOOD BANK INITIATIVE



In response to the pressing challenges faced by many families in our community, the National Progressive Schools' Conference (NPSC) is taking proactive steps to alleviate food insecurity.

In alignment with Sustainable Development Goal-2, It was aimed to establish a community-centric food bank that not only addresses immediate hunger but also champions broader goals of promoting food security, nutrition, and sustainable agricultural practices.

To make this vision a reality, dry Ration- pulses, rice and spices were collected from students from pre primary 1 to class XII. The parents responded to food bank initiative very enthusiastically and our School collected approximately 140kg of ration.





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# PARTICIPATION IN DILA(DISTRICT INTERACT LEADERSHIP ASSEMBLY)



The eight Interact club office bearers along with the teacher coordinator Mrs. R.D. Arora, participated in DILA (DISTRICT INTERACT LEADERSHIP ASSEMBLY) 2023-24 at Amity University, Noida. The theme of this year was 'Touch the Future'.

The guest speaker, Mr. Nikhil, taught the Interactors the art of storytelling. He motivated the students with his interactive talk. The students were guided and trained by Interact chair Sachin Vats and other Rotarians about leadership development. The Interactors were briefed about their roles and responsibilities.

The office bearers not only got an insight about their duties and responsibilities towards their school but also learnt about different projects they can undertake in their school.

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# RAISING SOCIAL ISSUES



The Interact club organized an activity wherein the students prepared brochures and posters about the social stigma and social issues that have become an obstacle to the growth of our nation. The purpose of the event was to raise awareness and encourage creative expression on important social issues that impact our community and beyond.

Participants were given the freedom to choose from a range of social issues, reflecting the diversity of concerns within our society. The selected themes included environmental sustainability, gender equality, mental health awareness, poverty alleviation, and education for all. This diversity of topics ensured a rich display of perspectives and solutions.







# TRAFFIC RULES



A child who learns about traffic rules and road discipline will grow up to be a law-abiding citizen. The habit of obeying traffic rules teaches a person a sense of responsibility, empathy for others and respecting the other person's rights. Numerous activities were conducted for the students of different classes in a hope to teach them the traffic rules, which eventually will make them law abiding citizens and will keep them safe from unnecessary accidents.



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# VASUDHAIVA KUTUMBAKAM



Teaching social connectivity and global unity to students is crucial for several reasons, as it helps them develop a broader perspective, essential skills, and a sense of responsibility. It helps in breaking down stereotypes and prejudices, promoting a more inclusive and tolerant society.

The students of classes III-V composed poems on any global activity undertaken for promoting world peace. The students enhanced their presentation using pictures, illustrations or cartoon characters. The students acquired knowledge of global unity and interconnectedness, and that all people are part of a single human family regardless of differences in nationality, ethnicity, or religion. The students also learned about the importance of cooperation, empathy, and mutual support among individuals and communities, whether on a local or global scale.



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# INTERNATIONAL DIMENSION IN SCHOOLS 2023-24



**A video conference on SDG-8 'Future of Work' was conducted on 14 February 2024 in collaboration with Generation Global for the students of classes IX & XI. Our students interacted with the students of Ukraine, Indonesia, UAE and Phillipines in a constructive discussion and brainstorming session..**

**The video conference aimed to facilitate a cross-cultural dialogue among students from different countries on the topic of Sustainable Development Goal (SDG)8: Future of Work. It provided an opportunity for students to exchange perspectives, share insights, and brainstorm solutions related to the challenges and opportunities in the future of work.**

**The video conference commenced with the introduction of each participating country, allowing students to familiarize themselves with one another. Following the introduction, the discussion delved into various aspects of SDG-8, including employment trends, technological advancements, skills development, and the impact of globalization on the future workforce.**

**Overall, the video conference served as a platform for meaningful engagement and collaboration among students, contributing to the collective efforts towards achieving SDG-8 and creating a more sustainable and inclusive future of work.**

## SARDI SE RAHAT



Project of 'Sardi se Rahat' was an initiative taken by the school's interact club to provide warmth from the scathing winter.

Under this project, winter clothes, blankets etc were collected from the entire school from class pre-primary to class XII from 1st of February till 15th of February and was donated to the NGO 'Goonj'.

The van of the organisation was loaded and the students as well as the teachers took up this privilege to provide relief to the underprivileged people.

This initiative indeed enlightened the warmth and generosity in the hearts of the students of Bal Bharati.

## PROJECT - PARWAH



Self care activity under Project Parwah of the District 3012 was taken up by the Interactors of our school on 30 October 2023. In this activity, students prepared chits indicating self care points and put them in the jar named self care jars



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**Let us celebrate the purpose of our Interact Club , to inspire, to serve, and to create a community that thrives on compassion and selflessness. Together, as a united force, we can achieve remarkable feats and leave an indelible mark on the world around us.**

**EDITED BY- GAURIJA SINDHWANI ARORA**



*Thank  
you*