



Bal Bharati
PUBLIC SCHOOL

FOUNDATIONAL STAGE
CLASS- PRE-PRIMARY
OCTOBER 2024-25
THEME
AIR

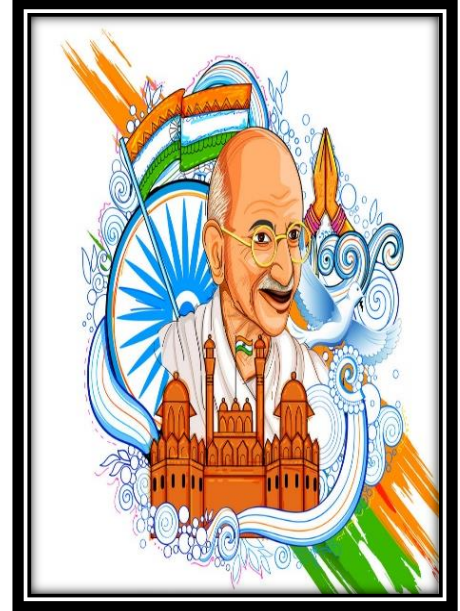
"Clean air is a gift we give to ourselves and our world."

Air is important for our health and well-being, and children are curious to learn about it. They will explore the properties of air, how it helps us breathe, and the role of plants in keeping it clean. Through simple exercises and fun experiments, they will discover how air moves. Children will learn the importance of breathing clean air and taking care of our environment.

FESTIVALS

GANDHI JAYANTI

Gandhi Jayanti is a special day celebrated every year on October 2nd, which is Mahatma Gandhi Ji's birthday. He is known as the "Father of our Nation" because he helped India become free from British rule. Gandhi ji always believed in truth and non-violence, meaning he fought for our country without hurting anyone. On this day, people across India honour him by singing songs, remembering his teachings, and doing good things for others. Many people also clean public places and take part in activities that promote peace and harmony.



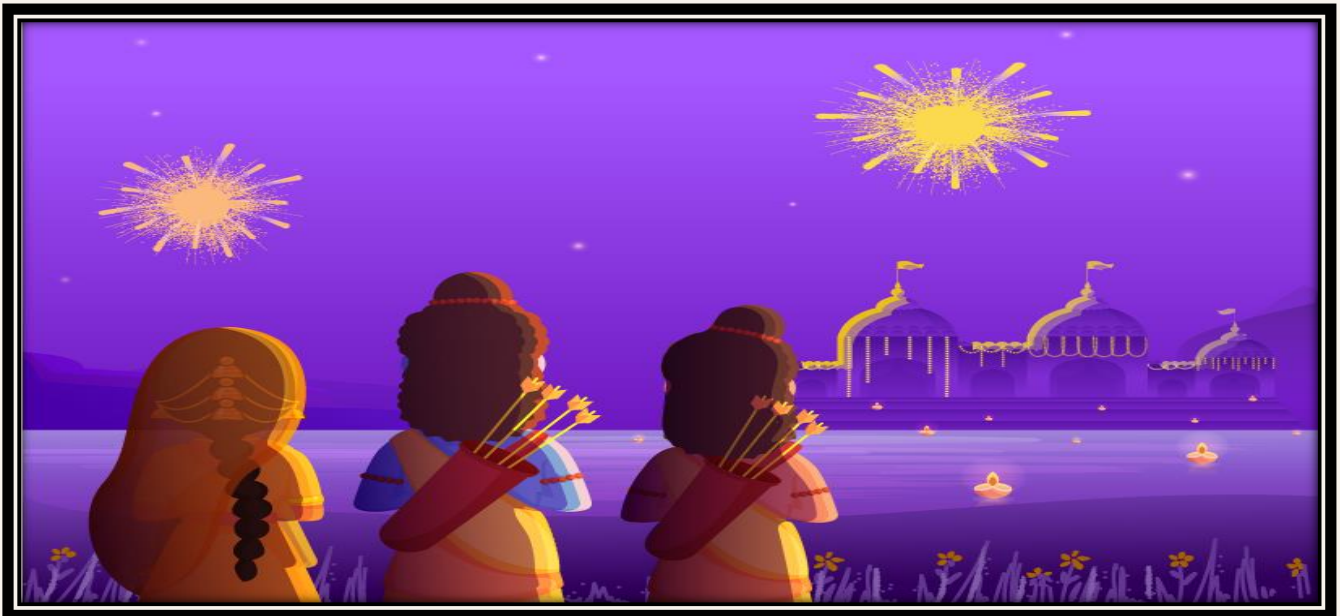
DUSSEHRA

Dussehra is a joyful festival celebrated in India to mark the victory of good over evil. It is also known as Vijayadashami and comes after the nine days of Navratri. The festival reminds us of the story of Lord Rama, who defeated the demon king Ravana and saved his wife, Sita. On Dussehra, people burn large effigies/figures of Ravana, symbolizing the end of evil. There are fairs, plays, and celebrations where families gather to watch these events. The festival teaches us that truth and goodness will always win in the end.



DIWALI

Diwali, the Festival of Lights, is a joyful and important celebration across India. It marks the return of Lord Rama to Ayodhya after defeating the demon king Ravana, symbolizing the victory of good over evil. People clean and decorate their homes with bright lights, diyas, and beautiful rangoli designs. Families come together to pray to Goddess Lakshmi for prosperity, share delicious sweets, and enjoy fireworks. Diwali brings happiness, hope, and a sense of togetherness, reminding everyone to spread love, kindness, and light in the world.



GREEN HABITS

Green habits are small things we can do every day to help keep our air clean and healthy. We can start by turning off lights when we don't need them and using less plastic. Recycling paper and plastic helps reduce waste, and planting trees gives us fresh air to breathe. When we play outside, we should try to use eco-friendly toys and avoid activities that make smoke. Every little green habit helps protect our air and makes the world a better place for everyone. By making these green habits part of our daily routine, we can all contribute to keeping our air clean and fresh!

LANGUAGE & LITERACY

Rhymes:

- Mother Earth
- Season

कविताएँ:

- आंधी आई
- हवा कैसे खाई
- पतंग
- गांधीजी के बंदर
- चंदा मामा

STORIES

AIR IS ALL AROUND

Bharat was enjoying his evening walk with Bharati Didi in the garden. He loved the feel of the soft breeze on his cheeks. As they walked, Bharati asked her little brother a tricky question, "Bharat, can you name something that's all around us, very important for us to live, but we can't see it? We can feel it on our cheeks, but we cannot see or taste it."

Bharat scratched his head, thinking hard. Bharati giggled and gave him more clues, "It moves all around, sometimes very fast and sometimes slow. When it's not there, it's called a 'vacuum'. Air is also very light, it doesn't have any colour or shape, but it can fill up anything like a balloon."

Bharat still looked puzzled, so Bharati smiled and said, "Let's try something. Take a deep breath with me. Now breathe out. What did you just take in?"

Suddenly, Bharat's face lit up. He exclaimed, "Air, It's air!"

Bharati clapped and said, "Yes, that's right! Air is everywhere. We need it to live, even though we can't see it. It fills the space around us and helps us breathe. Air is so important—it keeps us cool on a hot day and carries smells like flowers in the breeze. Without air, we wouldn't be able to hear sounds or fly kites high in the sky."

Bharat smiled, feeling the soft breeze again. He now knew that air was all around him, keeping him and everyone safe and happy.

मिली का गुब्बारा

एक दिन मिली के पापा गुब्बारा लाए । मिली ने गुब्बारा हवा में उछाल दिया । गुब्बारे की हवा धीरे - धीरे निकलने लगी । पिचकता हुआ गुब्बारा छत से टकराया । गुब्बारा पिचक कर नीचे गिर गया । मिली ने गुब्बारा फिर से फुलाया । मिली ने गुब्बारा फिर से हवा में उछाल दिया । गुब्बारा सूँ -सूँ - सूँ की आवाज़ करने लगा । मिली गुब्बारे की आवाज़ से बहुत खुश हुई । मिली ने पापा को वह आवाज़ सुनवाई । पापा ने गुब्बारे को फिर से फुलाया । पापा उस पर धागा बाँधने लगे । मिली ने धागा बाँधने नहीं दिया । धागा बाँधने से आवाज़ नहीं निकलती । मिली को पिचकते हुए गुब्बारे की आवाज़ पसंद है ।



READING READINESS ACTIVITIES

Conversing with the class group by using these words daily consciously & as frequently as possible.

- Theme-related vocabulary: aircraft, ventilation, lungs, suffocation, inhale, exhale, etc.
- Reading aloud CVC words with 'u'.
- Reading simple sentences.
- Book handling & Reading (For left to right directionality)
- Introduction to Air - "Air is everywhere. Feeling the presence of air.
- Properties of air (space, speed, weight, etc.) with the help of simple hands-on activities.
- Enhance air-related vocabulary and conceptualize - breeze, wind, and storm.
- Story Dramatization specific to the development of the concept of air.



CVC words reading practice with 'u'

- 1 Hug the pup.
- 2 Cut the rug.
- 3 Mud is fun.
- 4 Tug the bus.
- 5 Bug is in the mud.

WRITING ACTIVITIES

- Writing CVC words with 'u'.
- Writing short sentences with 'u'.
- Related worksheets
- Exercises for Index Finger spacing to be incorporated while writing.

MONTESSORI APPARATUS

Sand Paper Letters, English Movable Box, English reading box (Vowel "a, i and u")



HINDI LITERACY

शब्दावली - स्वच्छ वायु , पर्यावरण , प्रदूषण , सांस ,आंधी -तूफान , वायुयान , उड़ान ,खांसी ,प्रायाणम् आदि ।,



इन शब्दों को नियामित रूप से क्रियाओं द्वारा बच्चों के सक्रिय शब्द कोष में प्रयोग करवाये ।

- मौखिक ध्वनि विश्लेषण -
छ , भ , झ



- लिखित अभ्यास - छ , भ , झ
- दो एवं तीन अक्षर वाले शब्दों के वाक्यों को पढ़ने का अभ्यास ।
- दो एवं तीन अक्षर वाले शब्दों के वाक्यों को लिखने का अभ्यास ।

स्वर एवं वर्ण सम्बंधित आयु - अनुरूप विख्यात शब्दावली एकत्रित करके बच्चों तक पहुँचाना शिक्षिका का ध्येय रहेगा ।

उछल मत । शहद चख । पलक झपक ।
भजन कर । अगर मगर मत कर ।
छत पर टहल । घर पर हवन कर ।
आलस मत कर । कलम उधर रख ।
ठहर कर फल चख । लट झटक ।
कलश तखत पर रख । खटर पटर
मत कर । खत समझ कर पढ़ ।
रथ पर चढ़ कर महल चल ।

MONTESORI APPARATUS

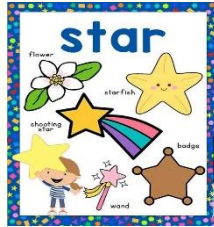
Hindi movable box I & II

चल अक्षर माला पेटी



BLOCKS AND MATHS

- Problem-solving 4-5 pieces puzzle, maze, complete the patterns, and number games.
- Shape-Star
- Oral Counting-1-50
- Correlation of numbers 1-20
- Writing of numbers 1- 50
- Back Counting 20-1
- Concept of what comes after and before till number 20
- Months of the year



1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

January	July
February	August
March	September
April	October
May	November
June	December

Montessori Apparatus-

Seguin Board I & II



Behavioral skills

- Imbibe the coolness of the air in the child's behavior (Anger management skills).



Seva

- **Planting activity:** Engage children in planting seeds, teaching them about their role in caring for the natural environment.



Project / Experiential learning (Collaboration):

- Discuss simple sustainable practices such as reducing waste and reusing materials.
- Craft projects using recycled materials to emphasize the importance of sustainability.
- Say no to crackers.
- Minimize the poisonous effects of crackers and maximize the happiness of the festival with your earthen lamps.
- Art Activity- Let children blow the drops of wet paint using straws and create designs on earthen lamps.
- Group projects: Children collaborate on creating a collage illustrating their role in the prevention of air from pollutants.

Prasar

- Nukkad Natak to create awareness to combat air pollution.

EVENTS AND CELEBRATIONS

- **SPECIAL ASSEMBLY - DUSSEHRA -10TH**
OCTOBER 2024
DIWALI-29TH OCTOBER 2024
- **CHIRPY CHURPY (BIRD TOY)- 4TH**
OCTOBER 2024
- **ANIMAL AND BIRDS ATLAS- 18th**
OCTOBER 2024