



Bal Bharati
PUBLIC SCHOOL
(An Institution of the Child Education Society (Regd.) Delhi)
BRIJ Vihar, GHAZIABAD

Monthly Planner

PRE-SCHOOL

Month: APRIL & MAY

Theme: All About Myself
Summer Season



VALUE OF THE MONTH

Sharing, Helping and Taking Turns-

Facilitators will explain the importance of sharing by highlighting how it fosters cooperation and kindness among peers, creating a harmonious environment where everyone feels included and valued. They emphasize that helping others builds strong bonds and shows empathy, making the community a supportive and caring place for everyone.

FESTIVAL OF THE MONTH

Baisakhi, also known as Vaisakhi, is a vibrant and joyous festival celebrated mainly in the northern Indian state of Punjab and by Sikh communities worldwide. It falls on April 13th or 14th each year and marks the beginning of the harvest season.

The festival holds both agricultural and historical significance, making it a cherished occasion for farmers and Sikhs.



LANGUAGE AND LITERACY

- Myself - name, age, gender, class, school, how do I commute to school, my contact details, etc.
- My likes and dislikes
- My Family (Members in my family)
- My Body - How I appear, I love Myself
- Parts (face, large muscles, fine muscles & sense organs)
- Keeping my body safe from injuries
- Keeping my body safe by differentiating between Good Touch and Bad Touch Seasons (simple conceptualization)
- Summer vocabulary
- Summer - the feel of hot air, integration with the effect of extreme heat on different life forms
- Importance of water and concept of thirst
- Summer gadgets
- Simple conceptualization of summer clothing, summer fruits



Body



गीतांजलि

- हे भगवन
- अहा टमाटर
- अच्छे बच्चे
- आलू बोला
- गर्मी आयी

Sing Along

- * Gods love
- * Clap your Hands
- * Hop a little
- * Ten little fingers
- * 1,2 buckle my shoe
- * Sweet me

STORIES

Bharati and Bharat are students of Bal Bharati School. Bharati is Bharat's elder sister. One morning, as they were going to school in the bus, Bharat asked, "Didi, how old are you?" Bharati smiled and said, "I am six years old, little brother." Bharat thought for a moment and said, "Mumma says I am three years old." After a short pause, he asked another question. "Didi, Why are your shoes so pretty and mine are different? Why does Dad call you 'Princess' and me 'Champ'?" Bharati gently explained, Our shoes are different because boys and girls have different styles. And Dad calls me 'Princess' because I am his daughter, and he calls you 'Champ' because you are his son. These are just loving names. We are both special to Mumma and Dad in our own ways. "Bharat smiled, feeling happy and loved.

तोता

माधव आँगन में घूम रहा था। उसकी नज़र चौकी पर बैठे तोते पर पड़ी। माधव ने काजल को तोता दिखाया। तोता धीरे-धीरे चल रहा था तोता बहुत थका हुआ था। माधव तोते के लिए पानी और आम ले आया। तोता डरा हुआ था, उसने कुछ नहीं खाया, वह गमले के पीछे छुप गया। काजल ने आम और पानी वहीं सरका दिया, काजल और माधव सीडी के पीछे छुप गए। तोते ने धीरे से आम खाया और पानी पिया। यह देखकर काजल और माधव खुश हो गए।



LITERACY ENGLISH

Reading Readiness Activities

- Conversing with the class group using these words meaningfully & frequently.
- Theme related vocabulary: I, me, myself, mine, father, mother, family, brother, sister, younger, elder, uncle, aunt, love, etc.



Writing Readiness Activities

- Development of postural control Simple outdoor activities - running, hopping, jumping.
- Crumpling, clay, squeezing, throwing, catching
- Skills to improve sensorial perception (Printing activities like finger printing, vegetable printing).
- Other activities to enhance fine motor skills in collaborative small groups like, shelling vegetables-peas, corns, etc.
- Activities to enhance self-help skills like self-feeding, self-dressing, and selfgrooming.
- Scribbling using crayons on different surfaces.
- Coloring activities



LITERACY HINDI

गर्मी , कुल्फी , गरम, पसीना , चाय, रस, सिर, कंधे, बाजू, पैर, हाथ, कान, बाल, दोस्त, इत्यादि इन शब्दों को नियमित रूप से क्रियाओं द्वारा बच्चों के सक्रीय शब्दकोष में प्रयोग करें

BLOCKS AND MATHS

- Sorting and pairing activities
- * Pre -number concept: Big/Small
- * Shape -Circle
- * Knowledge of patterns straight line (standing lines)
- * Oral counting- 1 to 5
- * Recognition of number 1
- * Montessori Apparatus -Pink Tower & Sand paper number



BEHAVIORIAL SKILLS

- Smell, listen, taste, see & feel consciously; hygiene & caring for sense organs
- Poise - 'Silence Lesson' (Arrival & Dispersal)
Accepting & dealing with extreme weather.



SEVA

- Awareness & seva to self.
- Namaskar
- 'Touch/Hug/Kiss Me Not' ...if I don't permit.
- Taking turns & playing together,
managing/using tiffin boxes/water bottles/
cloth or tissue napkins.
- Hygiene & self-care



CREATIVE EXPRESSION

- Colouring in Sun, Ice cream, Mango, Ball



- Art & Craft activities on summer fruits and vegetables.



- Gross Motor - Animal walk, Body movements, Doll's Play, Dancing freely
- Sparks Of Joy - Colour Me Red, Me and My Buddy



EVENTS AND CELEBRATIONS

- 1. Adaptation Week - 4th - 11th April 2025**
- 2. Blazing Red Bash - 17th April 2025**
- 3. Green Gratitude - 22nd April 2025**
- 4. Yellow Glow Day - 24th April 2025**
- 5. Dazzling Blue Day - 30th April 2025**
- 6. My Mother, My Queen - 9th May 2025**
- 7. Happy Healthy Shiny Me - 11th May 2025**