



Bal Bharati
PUBLIC SCHOOL
(An Institution of the Child Education Society (Regd.) Delhi)
BRIJ Vihar, GHAZIABAD


Monthly Planner

Pre Primary

April & May

All about Myself

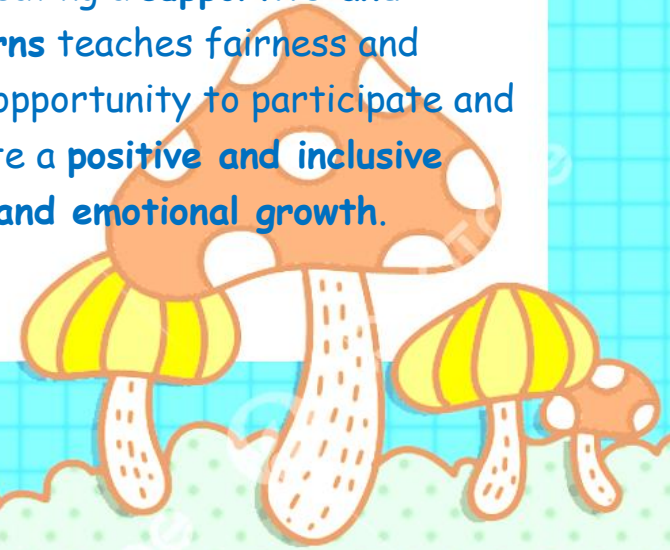




The theme "**All About Myself**" helps young children develop **self-awareness and confidence**. It encourages them to express their thoughts, likes, and dislikes, building strong **communication skills**. Understanding their **own identity** fosters a sense of **belonging and self-esteem**. Learning about their **body parts, emotions, and personal hygiene** promotes **self-care and independence**. This theme also helps children appreciate **differences among friends**, encouraging **respect and empathy**. By recognizing their strengths and uniqueness, they feel **valued and special**. Overall, it lays the foundation for **social, emotional, and cognitive development** in early childhood.

Value of the month

Taking Turns and Sharing- The importance of **sharing** lies in its ability to nurture **cooperation and kindness**, allowing children to build meaningful relationships while fostering a sense of belonging. Similarly, **helping others** strengthens bonds and encourages empathy, creating a **supportive and compassionate community**. Learning to **take turns** teaches fairness and patience, ensuring that everyone gets an equal opportunity to participate and contribute. Together, these values help cultivate a **positive and inclusive environment**, enhancing children's **social skills and emotional growth**.



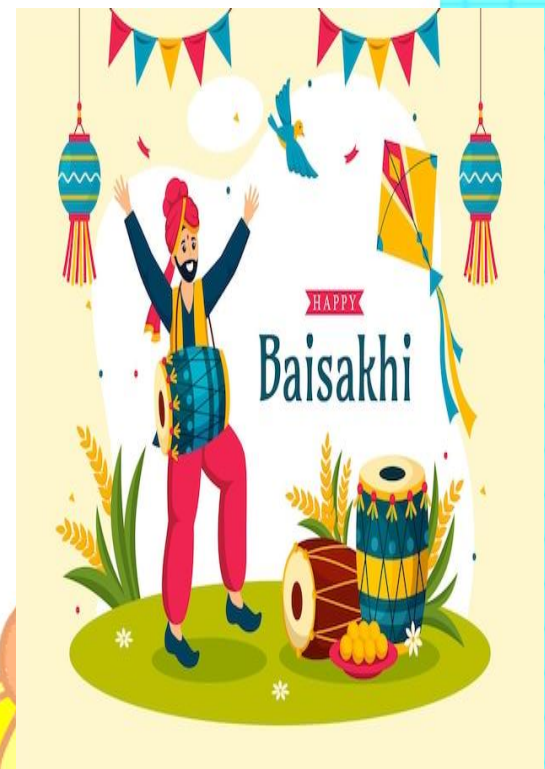
Development of Social Skills - Greetings

Encouraging children to start their day with a cheerful "Namaskar" helps instill respect and positivity. They should also be **motivated to practice** morning prayers, fostering a sense of peace and gratitude. Incorporating light exercises and stretching into their routine will keep them active and healthy. These simple habits promote discipline, well-being, and a positive mindset, ensuring a refreshing and energetic start to the day.

Use of three magical words- Thankyou , sorry & please

Festival of the month

Baisakhi, a vibrant **harvest festival**, is joyfully celebrated across the **Punjab region**. Observed in **mid-April**, it holds great significance as it marks the **beginning of the Punjabi New Year**. This time of the year signifies **new beginnings and the arrival of a fresh harvest** in India. Once the crops are gathered and sold, farmers take a well-deserved break, celebrating with **festive food, traditional music, and energetic dance**, making it a time of happiness and togetherness.





Circle Time

Discussion on –

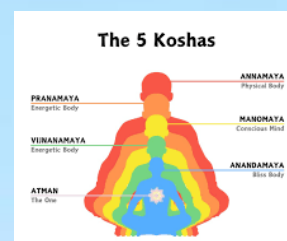
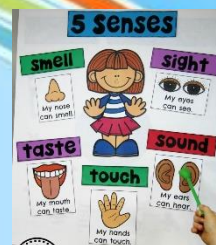
- Family Tree
- Healthy Me
- Manners and Etiquettes
- Safety at Home & School
- My Favourites (objects, family members, friends, relatives, celebrities, singers, sportsmen/ women/cartoon characters etc.)
Knowing them as role models for their good work.
- Keeping my body safe by differentiating between Good Touch and Bad Touch.

Aam aur Paani ki Bahaar ki Garmi

- Seasons in India – the 'Cycle' (Summers, Rains, Autumn, Winter, Spring).
- Concept of Hot/Cold Air
- Self-care & care for all forms of life in extreme summers (thus, summer vacation).
- Longer days/Shorter nights in Summers.
- Importance of Indoor Games, Healthy screen time & family time (related to longer days).
- Summer clothing & accessories
- Role of water in summer season (bathing for freshness, swimming, healthy cold drinks, refreshing food forms & varieties in summers).
- Summer fruits & vegetables.
- Making food & water available for stray animals & birds.
- **Summer vocabulary:** Juicy, sweating, dryness, sunshine etc.

Behavioral Skills -

- Smell, listen, taste, see & feel consciously; hygiene & caring for sense organs & other body parts.
- Shloka Uchcharan with proper diction- Special reference to Panchakoshas (Smriti Kosha)
- Poise - 'Silence Lesson'(Arrival & Dispersal)
- Observation of the natural elements/environment (sun, duration of day & night)



Seva -

- Awareness & seva to self
- Smile & be happy for yourself & others
- Namaskar
- "Touch/Hug/Kiss Me Not"...if I don't permit
- Self-help skills-Pack your bag, take care of belongings, dressing-up etc.
- Politeness
- Compassion for all living beings.



Prasar -

- My Clean Self
- Summer Season & Water



Rhymes

English Rhymes

- Around Me
- Churmura
- Be Good
- Heavenly Father



कवितायें

- आओ खेले खेल
- है नमन बाल भारती को
- तपती गर्मी
- मेरी छोटी सी गुड़िया



Story Time

The Lion King

Lion, the mighty king of the jungle, once called all animals for a meeting. King Lion announced that all the animals were to introduce themselves one-by-one as they hear their name being announced. It was the elephant's turn first... "I am big, tall, mighty and brave", said the elephant. I have large ears, a small tail, a pair of white

tusks, a big-fat tummy, and strong legs. I am so proud of all these. I am appreciated for my gait, and I love eating bananas & sugarcane; I do not prey on small animals for my living!" The audience applauded the elephant for this explanation. Mr. King then invited the Fox. "Oh! My dear friends, squealed the fox...Don't you know enough about me? I am known for being clever & stylish and I am so proud of my beautiful eyes and a furry, thick tail. My tail is so special & different that it is called a 'brush'...the fox boasted." The other animals did not like the fox's bragging about herself. It was the sheep's turn now. "My dear friends, I do not talk much and thus don't want to speak much about myself...Please excuse me." The audience did not like such a short explanation & was disappointed.



आम का पेड़

गर्मियों की छुट्टियाँ शुरू हो गई थीं। सिया अपने परिवार के साथ नानी के घर रहने गई। नानी के घर एक आम का पेड़ था, जिस पर हरे-हरे आम लगे हुए थे। नानी ने सिया को समझाया कि ये आम अभी कच्चे हैं।

गर्मी से बचने के लिए नानी ने हरे आमों से आम का पना और स्वादिष्ट अचार बनाया, जो सबको बहुत पसंद आया। जब पेड़ पर आम पक गए और हरे से पीले हो गए, तब नानी ने उनसे ठंडी-ठंडी कुल्फी बनाई और मजेदार मेंगो शेक भी पिलाया।

नानी ने सिया को बताया कि आम ज़रूर खाने चाहिए क्योंकि ये आँखों की रोशनी बढ़ाते हैं, त्वचा को चमकदार बनाते हैं और बीमारियों से लड़ने की ताकत देते हैं।

सिया को नानी के घर बहुत मज़ा आया। जाते समय उसने वहाँ आम की गुठली को मिट्टी में दबाकर एक नया आम का पौधा लगाया।



Language and Literacy English

Reading Readiness Activities

- **Theme related vocabulary:** hygiene, cleanliness, siblings, together, grandfather, grandmother, self-care, etc.
- **Picture book reading** - (Moving fingers from left to right and top to bottom).
- **Reading two letter words-** at, in, on, up etc.
- **Sight words-** big, small, strong
- **Letter & sound recognition and related vocabulary:**
Concretize letter recognition with the help of a variety of experiences like air tracing, tray tracing, and interactive panel activities.
- Revision of all the previously learnt letters.
- **Letter Xx:** X-ray, X-mas tree, xylophone, etc.
- **Letter Nn:** nest, nut, nib, napkin, nose, net, nine, neck, nephew, nectar, necklace, number, naughty, nails, etc.
- **Letter Mm:** monkey, mat, mouse, machine, mickey, mountain, music, magic, muffin, map, mango, milk, moon, mushroom, magnet, etc.
- **Letter Zz:** zebra, zoo, zip, zig-zag, zero, zucchini, zoom, Ziploc, etc.



Montessori Apparatus- Sand Paper Letters

Writing Activities :

- Development of postural control based on simple exercises.
- Writing all the previously learnt letters using pencil.
- Writing letters Xx, Mm, Nn, Zz

Language and Literacy Hindi

- **शब्दावली** -स्वभाव,परिवार ,शहर, दवाई, पसंद, वस्त्र, खिलौने ,सेहत, सावधान,रिश्तेदार ,आदि ।



- व्यंजनों की पुनरावृत्ति
- मौखिक ध्वनि विश्लेषण - न, ग, ल, र, स, ट
- लिखित अभ्यास- न, ग, ल, र, स, ट
- दो अक्षर वाले शब्दों को पढ़ने का अभ्यास ।
- दो अक्षर वाले शब्दों को लिखने का अभ्यास ।

Montessori Apparatus-

- Hindi Movable Box I & II
- चल अक्षर माला पेटी



Numeracy

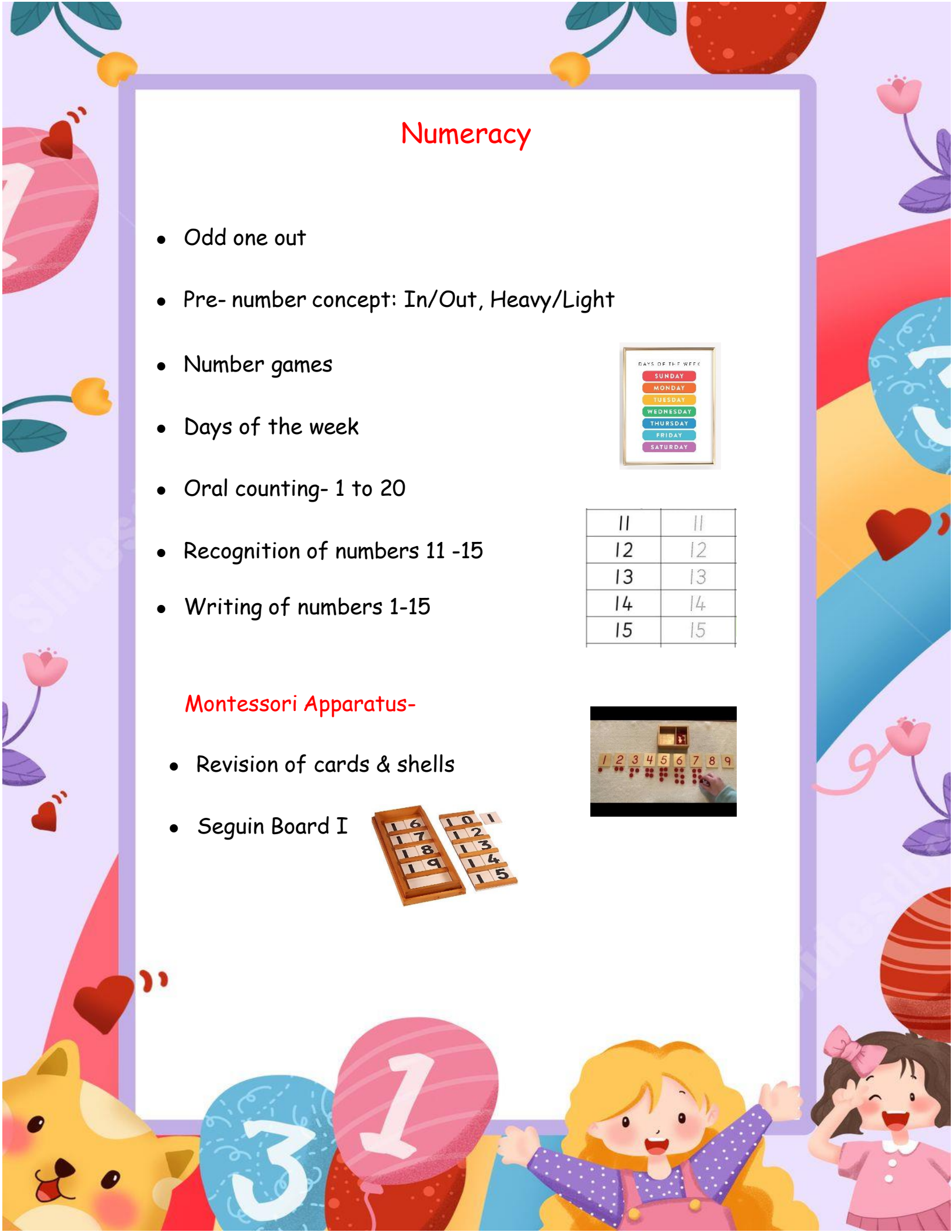
- Odd one out
- Pre- number concept: In/Out, Heavy/Light
- Number games
- Days of the week
- Oral counting- 1 to 20
- Recognition of numbers 11 -15
- Writing of numbers 1-15



11	11
12	12
13	13
14	14
15	15

Montessori Apparatus-

- Revision of cards & shells
- Seguin Board I





Events and Celebrations

- ❖ Satraaramdh 2nd April 2025
- ❖ World Health Day (Yoga Day) 7th April 2025
- ❖ International Earth Day (Vrikasha Bandhan) 22nd April 2025
- ❖ Little Chef's Kitchen (Etiquettes and Manners) 25th April 2025
- ❖ World Hygiene Day (Hair cut craft) 5th May 2025
- ❖ Mothers Day 9th May 2025





**THANK
YOU!**

SO MUCH